

संपादकीय Editorial

A Changing Identity of Himachal

While Himachal is gaining strength through its geographical location, natural resources, development model, economic potential, and rural economy, it is also pursuing new opportunities and seeking investment markets. Clearly, a framework was developed at the Chandigarh meeting. At the Indus Entrepreneurs (TII) Leadership Conclave, the Chief Minister appealed to the investor community, raising hopes that the upcoming industrial policy will prove effective in promoting investment. Meanwhile, the government's initial plan, recognizing "One District, Three Products" within the state, is working on a list of 36 products. Each district is excelling in at least three products across agriculture, horticulture, rural areas, arts, handicrafts, and traditional products. The goals of the Agri-Horticulture University and related departments are also being met, and a market is being developed through Himachal's tourism sector. However, this list is not exhaustive, and many more products could be added. Clearly, the world has been purchasing Himachali products from centers like the Agricultural Produce Marketing Board, Handloom Corporation-Him Weavers' Outlet, Him Era, My Pahadi Dukaan, and She Hot. What is needed is a single brand and a one-stop shop for all Himachali products. The offerings from the state's temples are a shining example of the purchasing power of their own products. Considering the potential of temple products, the economy of religious sites depends on them.

If the potential of markets related to Kangra-Chamba incense, Jwalaji's Peda, Deotsidh's Rot, and the worship system is understood, religious sites can develop into industrial and cultural products. For example, if Deotsidh's Rot were made the official offering for all temples, several truckloads of supplies would be needed daily. Similarly, initiatives to centrally produce and market incense, flags, flowers, Peda, brass items, and other offerings would increase the income of temples.

If a master plan is developed to develop pilgrimage and religious towns within a radius of ten to twelve kilometers around at least a dozen major temples in the state, investment will increase and the economy will flourish. Before investing in Himachal, development plans must be developed under the TCP.

For example, by developing certain investment sites on the four-lane road map, we can delineate tourism corridors based on the tourism growth rate. For entertainment purposes, amusement parks, science cities, hot markets, highway tourism facilities, and tourist villages can be developed throughout the state.

Investment must be encouraged in Himachal to develop ropeways, funicular projects, malls, hospitals, modern markets, and bus stands. The recent municipal election vision document included several resolutions that require private investment for urban development. For example, an investor could be a partner in an ambitious project like the funicular ropeway from Charan to Bhagsu under the Dharamshala Municipal Corporation. Himachal currently has many small and large local investors and businessmen. If they are taken forward and given new investment opportunities, then investment will reach every city and every village.

The Opposition Fails to Understand Public Opinion

All parties that are acting against the changing collective national psyche and current are facing the threat of a split. Unprecedented defections of MPs from opposition parties to the BJP. The opposition's failure to understand the changing national sentiment. The growing influence of the BJP's nationalist-based politics. The way the equations of national politics and Parliament have changed over the past month is unimaginable. Did any of the leaders of the BJP or opposition parties or parties imagine that Mamata Banerjee's Trinamool Congress would split as soon as the Bengal election results were announced, and that 20 of its 28 Lok Sabha members would form a separate group and declare support for Prime Minister Narendra Modi's government? This trend began with seven Rajya Sabha members of the Aam Aadmi Party joining the BJP. TMC Rajya Sabha members are also resigning. In a sense, Mamata Banerjee has lost control over her own Trinamool Congress. Uddhav Thackeray's remaining Shiv Sena is also slipping from her control. Recently, six of its MPs joined the NDA. Some MPs and MLAs have defected from one party to another in the past, but this kind of incident has never happened before in national politics. The atmosphere has become such that top leaders of many parties live in constant fear, wondering how many of their MPs or MLAs will suddenly announce their departure. At first glance, it appears that the BJP is secretly preparing leaders for defection, but is this true? Congress and other parties may accuse the BJP, but this process should frighten all those who are acting against the changing collective national psyche and current. The opposition's allegation that the BJP has created this situation through pressure from the ED, CBI, Income Tax, and other agencies cannot be accepted. Such a large number of MPs and MLAs abandoning their long-standing alliance and directly joining the BJP-led alliance is not considered normal. How many of these MPs and MLAs face corruption charges? Very few of all MPs and MLAs face serious corruption or criminal charges. In the changing circumstances, the actions of Sharad Pawar and Supriya Sule have shown that they were the wise ones. Had Sharad Pawar not signaled his intention to join the NDA, six of his eight MPs and all ten MLAs would have left. However, Sharad Pawar took too long to understand the changing politics, public sentiment, and trends at the national level. Had he understood this earlier and not fallen for the dream of the Maha Vikas Aghadi or the INDIAN, his party would have remained united and he would have been considered the top leader. The split among MPs and MLAs is also being linked to the defeat of the 131st Constitutional Amendment Bill in the Lok Sabha on April 17th. This suggests that opposition MPs have become afraid that if they do not support 33 percent reservation for women and oppose it, they will never win. However, to assume that this is the only reason MPs and MLAs are defecting to the BJP or the state party would be a simplistic analysis of the situation. It can be said about Bengal that the party that comes to power there tends to stay for a long time, while the previous ruling party is almost extinct. Therefore, MPs and MLAs who feel that the time of the Trinamool Congress is over are leaving it. While this may be a reason, it is not the entire reason. Often, we overlook many facts in analyzing immediate results or events. In fact, the 2014 election results signaled a revolutionary change in Indian politics. The strong role of nationalism was clearly visible in it, and despite subsequent ups and downs, this single factor ultimately played a key role in the BJP's victory. A large section of Hindus in Bengal rebelled against Mamata Banerjee's Muslim-friendly and anti-Hindu politics and voted for the BJP. The opposition miscalculated the 2024 Lok Sabha election results. Rahul Gandhi declared that they had defeated the Ayodhya Movement. Akhilesh Yadav continued to provoke the BJP by placing the local MP, Avdhesh Prasad, at the forefront of the Lok Sabha. This resonated across the country, which was later clearly visible in the election results from Maharashtra, Haryana, and Delhi.

Not everyone is satisfied with a government, nor is it solely a government with achievements. However, Prime Minister Modi's policies have transformed social justice and brought benefits to the common people, with women at the forefront. Similarly, people are witnessing development work, including the construction of infrastructure across the country. Opposition parties opposed the Waqf Amendment Bill to garner Muslim votes. This sent a negative message to voters. There is a growing sense among the people that the BJP, regardless of its form, ultimately stands for Indianness. Opposition parties will not be able to ensure the protection of our religion, culture, civilization, heritage, India's identity, and, above all, our security. Opposition leaders who fail to understand this process are weakening their own parties.

Education Becomes a Tool of Politics

The attitude of those gathered at Jantar Mantar raises suspicions that a political movement is being masqueraded as a pretext for demanding the Education Minister's resignation. Sonam Wangchuk's NEET protest is taking on a political overtone. It is wrong to use students and education as a tool for party politics. Past protests have also marginalized core issues. When Ladakhi social activist Sonam Wangchuk, along with the Cockroach Janata Party (CJP), a group sitting at Jantar Mantar in Delhi demanding the Education Minister's resignation and the correction of irregularities in central examinations, including NEET, began his hunger strike, his statement suggested that he was thinking ahead, stating that the Education Minister's resignation was just the beginning. He was then visited by certain activists and party leaders. Sonam Wangchuk began politicizing the ongoing campaign at Jantar Mantar. After he was taken to the hospital, the group marched toward Parliament on Monday. Numerous police officers were injured in the stone-pelting by the participants. All this raises the suspicion that a political movement is being launched under the pretext of demanding the Education Minister's resignation, an attempt to change the government. There's nothing inherently wrong with launching a political movement or seeking a change in power, but using the education sector and students as tools for this is a double mistake. This makes a serious subject like education fall prey to party politics. A subject that needs to be reformed and managed by keeping it away from politics not only remains neglected and deteriorates, but also deteriorates further. Since 1974, it has been seen repeatedly that students and youth have been used for party politics. If Sonam Wangchuk and his colleagues did not have such an intention, they should have focused on the education issue and paid full attention to its various aspects. They should have strictly separated it from party politics and, after consulting with experts in the field of education, formulated a roadmap for improvement. This would have also helped policymakers. Instead, simply demanding the resignation of the Education Minister raises many questions. Any genuine effort will only be meaningful if attention is paid to the sanctity of educational institutions, the quality of educational materials, the proper encouragement of talent, the placement of qualified teachers, and the correction of all discrepancies. Instead, the insistence on a single resignation, the gathering of various groups of people, the absurd provocative rhetoric, and the overt and covert hints of launching a political movement all reveal a deliberate and unintentional attempt to exploit naive students and youth. This is not in the best interest of education. Gurudev Tagore even rebuked Gandhiji on this issue. If the educational sector is to be reformed and made qualitative, the first condition is to keep it away from party politics. Otherwise, party politics and the desire for change in power will divert all attention to other things, marginalizing the core issue. This has happened many times before, in many places, both in India and abroad. The history of both the JP movement and the Anna movement clearly demonstrates this. Both raised social issues, involving large numbers of students and youth, who possess a strong sense of idealism. However, both times, leaders driven by power-hungry exploited the movements. Self-serving leaders rode on the backs of JP and Anna to advance. JP and Anna Hazare themselves were soon left behind. Even before them, the issue was abandoned and sidelined. Those with an eye on power exploited them to achieve their own ends, while the core issue remained unresolved. What happened to the movement against corruption that Anna Hazare launched 15 years ago at this very Jantar Mantar? Can anyone say that corruption has changed since then? The Anna movement proved fruitless because, instead of seriously examining the specifics of an issue and formulating a realistic solution, the focus was on publicity, noise, and passion, which were exploited by seasoned leaders. Both the issue and Anna Hazare faded into the background. Are Wangchuk and his associates unaware of this recent history? Only they know the answer, but it's certain with education

बीज प्रमाणीकरण संस्था का उपनिदेशक रिश्तत लेते गिरफ्तार, 70 हजार की मांगी थी घूस, 10 हजार बरामद

टॉवर, आकर्षक लैंडस्केपिंग, नेचर ट्रेल, झील किनारे कैफे सहित पर्यटकों के लिए आधुनिक और प्रकृति-अनुकूल सुविधाएँ विकसित किए जाने का प्रस्ताव है। परियोजना का उद्देश्य कांठ क्षेत्र को प्रकृति पर्यटन और मनोरंजन के एक प्रमुख केंद्र के रूप में विकसित कर उसकी पर्यटन संभावनाओं को नई पहचान देना है। पर्यटन एवं संस्कृति मंत्री जयवीर सिंह ने कहा कि मुरादाबाद मंडल में प्रस्तावित पर्यटन, संस्कृति, पुरातत्व, संग्रहालय और धर्मार्थ कार्य विभाग की परियोजनाएँ प्रदेश की समृद्ध धार्मिक और सांस्कृतिक विरासत को नई पहचान देने के साथ स्थानीय पर्यटन को भी सशक्त बनाएंगी। उन्होंने कहा कि सरकार का उद्देश्य केवल पर्यटन स्थलों का विकास करना नहीं, बल्कि उन्हें जन उपयोगी, आकर्षक और सांस्कृतिक रूप से समृद्ध केंद्रों के रूप में विकसित करना है। मंदिरों, तीर्थस्थलों, संग्रहालयों, रामलीला मैदानों और ईको-टूरिज्म परियोजनाओं के माध्यम से क्षेत्रीय पर्यटन को नई गति मिलेगी, जिससे स्थानीय अर्थव्यवस्था को भी मजबूती मिलेगी।

A portrait of Dr. Anand Kumar, a middle-aged man with dark hair, wearing black-rimmed glasses and a light-colored, patterned shirt. He is looking directly at the camera with a neutral expression. The background is a plain, light-colored wall.

पुलिस टीम को किया सम्मानित

चली गई और पिता शराब पीने के आदी है।
ऐसे में अब 14 जुलाई को किशोरी रामपुर में पहुंच गई जहां पुलिस को मिली। पुलिस ने बाल कल्याण समिति को सौंप दिया। जानकारी के बाद रामपुर की बाल कल्याण समिति किशोरी को लेकर मुरादाबाद पहुंची। एसपी सिटी कुमार रणविजय सिंह ने बताया कि शिकायती पत्र के आधार पर आरोपितों के खिलाफ प्राथमिकी दर्ज की है। पुलिस आरोपितों की तलाश में लगी है।

अध्यक्ष संजय जैन, सनातन धर्मार्थ ट्रस्ट के अध्यक्ष पंकज चौहान, दुष्यंत चौहान, कोशल ठाकुर आदि ने मंदिर में पर्व

शांतिपूर्वक संपन्न कराने पर कोतवाली प्रभारी उदय प्रताप सिंह, नगर चौकी प्रभारी अमित कुमार, स्थानीय अभिसूचना इकाई के उप निरीक्षक एसके सिंह को स्मृति चिन्ह देकर सम्मानित किया।

ट्रेक्टर ट्रॉली पलटने से मजार
से लौट रहे श्रद्धालु घायल

शांति समिति की बैठक में उठा टूटे रास्तों और जल भराव का मुद्दा

विद्युत एसडीओ आलोक कुमार
उपाध्याय, जेई गढ़ी राजकुमार,
राकेश कुमार, पीडब्ल्यूडी एई
सोमेन्द्र कुमार, जेई नारायण
पालिका, सीएचसी के एआरओ
विकेश कुमार, प्रतिरक्षण
अधिकारी शानू, मुआ
श्रोत्रिय, जगत नारायण शर्मा,
मंडल अध्यक्ष विकास गुप्ता,
पारस शर्मा, राजेंद्र प्रजापति,
पीपली, संजय गौड़, शाह
आलम, मेघ पाल सिंह, मेघराज
सैनी, रघुवीर सैनी, रामबाबू
यादव, पंकज चौहान, दुष्यंत
चौहान, कौशल ठाकुर, इकरार
हुसैन, भयरज सिंह, चिराग
अग्रवाल, शरीफ खां, हाजी
अब्दुल हसन, रविंद्र कुमार सैनी,
काली ठाकुर, बाबा प्रेमनंद
भंडारी, राहुल चौहान पूर्व प्रधान
मुजीब, प्रधान रविंद्र चौधरी,
माजिद अंसारी, डा बीके
श्रोत्रिय, शमशाद अंसारी, ?
गिरीश बाबू, आशु बालियान,
कल्याण सिंह, मनोहर सिंह
आदि ने सुझाव रखे।

स्वामी, मुद्रक, प्रकाशक नरेश राज शर्मा द्वारा ए०एच०फ़िन्टर्स, ए-11, असालतपुरा, लंगड़े की कुलिया, मुरादाबाद-244001(उत्तर प्रदेश) से छपवाकर कार्यालय म.नं. 210 खा सीतापुरी, डबलफाटक जनपद-मुरादाबाद (उत्तर प्रदेश) से प्रकाशित एवं वितरित किया।

संपादक - नरेश राज शर्मा
मो. 9027776991
RNI NO- UPBIL/2021/83001

इस अंक में प्रकाशित समस्त समाचारों के चयन एवं सम्पादक हेतु पीआरबी एक्ट के अन्तर्गत उत्तरदायी होंगे तथा समस्त विवाद मुरादाबाद न्यायालय के अधीन होंगे।

ज्युन 10 लिखें सच समाचार पत्र में सभी पद अवैतनिक हैं

www.knlslive.com

25 July 2026

ग्रामीण भगवत शरण ने पुलिस को बताया कि वह गांव कसरपुर में सरकारी राशन की दुकान पर बीते बुधवार को बाबू कोटेदार के पास राशन के लिए अंगूठा लगाने गया था। आरोप है कि बाबू कोटेदार ने अंगूठा लगवाने से मना कर दिया। थोड़ी दूरी पर बाबू का 19 वर्षीय बेटा आदिल मौजूद था। जब यही बात आदिल से कही तो वह भड़क गया और गालियां देने लगा। उसने प्रधानमंत्री समेत कई नेताओं को अपशब्द कहे। साथ ही यह भी कहा कि उसके पिता ने पचासों हिंदुओं के अंगूठे नहीं लगवाए। वह भी किसी कीमत पर हिंदुओं का अंगूठा नहीं लगवाएगा। जब भगवत ने उसका विरोध किया तो आदिल व नईम ने उनकी पिटाई कर दी। वीडियो बनाने पर कहा कि शौक से बना लो। भगवत शरण का कहना है यह लोग काफी समय से अंगूठा लगवाने के लिए टहला रहे हैं।

पार्क की जमीन पर बनी कामधेनु गौशाला पर नहीं चला बुलडोजर, बीडीए टीम नहीं पहुंचने से टली कार्रवाई



क्यूँ न लिखूँ सच / ब्यूरो / बरेली। मौलाना नगर क्षेत्र में पार्क के लिए आरक्षित सरकारी भूमि पर निर्मित कामधेनु गौशाला के खिलाफ प्रस्तावित ध्वस्तीकरण कार्रवाई शुक्रवार को अंतिम समय में टल गई। प्रशासन और पुलिस ने कार्रवाई को लेकर पूरी तैयारी कर ली थी तथा सुबह से ही क्षेत्र में सुरक्षा व्यवस्था कड़ी कर दी गई थी, लेकिन बरेली विकास प्राधिकरण (बीडीए) की टीम मौके पर नहीं पहुंची। इसके चलते बुलडोजर अभियान शुरू नहीं हो सका और कार्रवाई स्थगित कर दी गई।

शुक्रवार सुबह से ही मौलाना नगर में पुलिस बल और प्रशासनिक अधिकारियों की तैनाती कर दी गई थी। किसी भी संभावित विरोध या कानून-व्यवस्था की स्थिति से निपटने के लिए पर्याप्त सुरक्षा व्यवस्था की गई थी। क्षेत्र के लोगों को भी उम्मीद थी कि तय कार्यक्रम के अनुसार बुलडोजर कार्रवाई होगी, लेकिन काफी देर तक इंतजार के बावजूद बीडीए का अमला मौके पर नहीं पहुंचा। इसके बाद अधिकारियों ने कार्रवाई को फिलहाल स्थगित

कांवड़ मार्ग पर मिलावट खोरों की खैर नहीं ! खाद्य विभाग की 5 टीमें अलर्ट, हर ढाबे-होटल पर रहेगी पैनी नजर

क्यूँ न लिखूँ सच / बरेली। कांवड़ यात्रा के दौरान श्रद्धालुओं को शुद्ध और सुरक्षित भोजन उपलब्ध कराने के लिए खाद्य सुरक्षा एवं औषधि प्रशासन पूरी तरह सक्रिय हो गया है। आयुक्त खाद्य सुरक्षा एवं औषधि प्रशासन उत्तर प्रदेश, जिलाधिकारी बरेली तथा सहायक आयुक्त खाद्य राहुल सिंह के निर्देश पर शुक्रवार को कांवड़ मार्गों पर विशेष अभियान चलाया गया।

विभाग की पांच टीमों ने ढाबों, होटल, रेस्टोरेंट, ठेलों, रेहड़ी-पट्टी और फल विक्रेताओं का सघन निरीक्षण किया। सभी खाद्य प्रतिष्ठानों पर फूड लाइसेंस और पंजीकरण प्रमाणपत्र प्रमुख स्थान पर प्रदर्शित कराए गए। साथ ही फूड सेफ्टी कनेक्ट ऐप का क्यूआर कोड भी लगाया गया, ताकि कोई भी शिवभक्त या उपभोक्ता शिकायत सीधे विभाग तक पहुंचा सके और निकटतम टीम तत्काल कार्रवाई

सहारनपुर में पटाखा फैक्टरी में विस्फोट, चार लोगों की मौत की आशंका, दो के शव मिले; दूर तक बिखरे चीथड़े

ग्रामीण दहशत में आ गए। फिलहाल, विस्फोट के कारणों का पता नहीं चल पाया है। पुलिस मामले की गहराई से जांच कर रही है। प्रारंभिक तौर पर यह आशंका जताई जा रही है कि किसी प्रकार की लापरवाही या विस्फोटक सामग्री के गलत रखरखाव के कारण यह हादसा हुआ हो सकता है। पुलिस फैक्टरी मालिक से भी पूछताछ कर रही है, जो गाजियाबाद का रहने वाला बताया जा रहा है। प्रत्यक्षदर्शियों के अनुसार, शाम के समय अचानक एक जोरदार धमाका हुआ, जिसके बाद फैक्टरी से आग की लपटें उठने लगीं। विस्फोट के समय फैक्टरी में कुल 24 लोग काम कर रहे थे। चार श्रमिकों की

का बोर्ड लगा हुआ है, जिस पर संजीव गौड़ का फोटो भी प्रदर्शित है। स्थानीय लोगों का कहना है कि गौशाला के संचालन के लिए समय-समय पर क्षेत्रवासियों द्वारा आर्थिक सहयोग भी दिया जाता रहा है। फिलहाल बीडीए की ओर से कार्रवाई टलने के कारणों को लेकर कोई आधिकारिक बयान जारी नहीं किया गया है। हालांकि माना जा रहा है कि जल्द ही नई तिथि निर्धारित कर दोबारा ध्वस्तीकरण अभियान चलाया जा सकता है। प्रशासन का कहना है कि सरकारी भूमि पर अवैध कब्जों को हटाने का अभियान आगे भी जारी रहेगा और नियमानुसार कार्रवाई की जाएगी।



कर सके। निरीक्षण के दौरान खाद्य कारोबारियों को साफ-सफाई, स्वच्छता और भोजन की गुणवत्ता बनाए रखने के सख्त निर्देश दिए गए। खुले मसालों और कृत्रिम रंगों के इस्तेमाल पर रोक लगाने, ताजा भोजन और ताजे फलों-सब्जियों का ही उपयोग करने तथा बासी भोजन न परोसने के निर्देश दिए गए। कटे और सड़े-गले फलों की बिक्री पर पूरी तरह प्रतिबंध

लगाया गया। खाद्य सुरक्षा अधिकारियों ने आम लोगों को भी मिलावटी खाद्य पदार्थों, रंग मिले खाद्य पदार्थों और कटे हुए फलों के सेवन से बचने के लिए जागरूक किया। विभाग ने स्पष्ट किया कि कांवड़ यात्रा के दौरान श्रद्धालुओं की सेहत से किसी भी प्रकार का समझौता नहीं किया जाएगा और नियमों का उल्लंघन करने वालों के खिलाफ सख्त कार्रवाई की जाएगी।

प्रधानमंत्री पर अभद्र टिप्पणी करने वाले आरोपी को पुलिस ने किया गिरफ्तार, भेजा जेल

क्यूँ न लिखूँ सच / शेर सिंह / भुता। ग्राम केशरपुर निवासी कोटेदार के बेटे ने प्रधानमंत्री पर अभद्र टिप्पणी करने के मामले में पुलिस ने आईटी एक्ट अन्य धाराओं के तहत मुकदमा पंजीकृत कर आरोपी न्यायालय के समक्ष पेश कर जेल भेजा गया। थाना क्षेत्र के ग्राम केशरपुर निवासी कोटेदार बाबू बक्स के बेटे आदिल द्वारा प्रधानमंत्री पर अभद्र टिप्पणी करते हुए व हिंदुओं को राशन न देने, गाली गलौज की वीडियो वायरल होने पर पुलिस द्वारा आईटी एक्ट व अन्य धाराओं के तहत मुकदमा पंजीकृत कर आरोपी आदिल को मटकापुर नहर के पास से गिरफ्तार कर लिया। पुलिस पूछताछ में आदिल ने बताया कि राशन की दुकान पर सीधे-साधे हिंदू ग्रामीणों को बेवकूफ बनाकर अंगूठा लगवा लेता था और फिर बहाना बनाकर उन लोगों को राशन नहीं देता था।



पुलिस ने आरोपी आदिल को न्यायालय के पेश कर जेल भेजा दिया है। इधर बाबू बक्स कोटेदार के बेटे आदिल द्वारा हिंदूओं को राशन न देने व गाली गलौज करने की किसान भगवत शरण द्वारा वीडियो बनाकर वायरल करने पर पूर्ति विभाग हरकत में आया, बाबू बक्स की सरकारी राशन की दुकान अभिलेखों को अपने कब्जे में लेकर जांच की जा रही है। इधर पूर्ति अधिकारी शिखा तिवारी ने बताया कि बाबू बक्स की

सरकारी सस्ते गल्ले की दुकान का खाद्यान्न ग्राम इस्माइलपुर के सागर स्वयं सहायता समूह की संचालिका मधु कुमारी के सुपुर्दगी में दे दिया गया है। जिससे कालाबाजारी ना हो सके, ग्रामीण कार्ड उपभोक्ताओं को समय से खाद्यान्न वितरित किया जा सके। तथा जांच रिपोर्ट की पत्रावली जिला पूर्ति अधिकारी बरेली को दी गयी है। जिला पूर्ति अधिकारी के निर्देशानुसार अग्रिम विधिक कार्रवाई की जाएगी।

डीएम व एसएसपी ने किया अटैना घाट का निरीक्षण

क्यूँ न लिखूँ सच / बदायूँ जिलाधिकारी अवनीश राय ने शुक्रवार को कांवड़ यात्रा-2026 की तैयारियों के दृष्टिगत तहसील दातागंज अन्तर्गत अटैना घाट का निरीक्षण कर व्यवस्थाओं का जायजा लिया तथा संबंधित अधिकारियों को आवश्यक दिशा-निर्देश दिए। उन्होंने निर्देश दिए कि श्रद्धालुओं की सुरक्षा, यातायात व्यवस्था, बैरिकेडिंग, स्वच्छता, पेयजल, प्रकाश व्यवस्था एवं अन्य व्यवस्थाएं समय रहते पूर्ण कर ली जाएं, जिससे कांवड़ियों को किसी प्रकार की असुविधा का सामना न करना पड़े।



में सेक्टर व जोन बनाते हुए वहां मजिस्ट्रेट/अधिकारी नामित किए गए हैं। कांवड़ यात्रा के दौरान बेहतर प्रकाश व्यवस्था के लिए हाईमास्क लाइट भी लगाई जा रही है तथा सीसीटीवी से निगरानी की जाएगी। शिविर संचालन के लिए भी स्थापना पूर्व अनुमति लेने सहित अन्य मापदण्ड बनाए गए हैं। जिलाधिकारी ने जनपदवासियों एवं श्रद्धालुओं से अपील की कि यात्रा के दौरान किसी भी प्रकार की असुविधा अथवा आपात स्थिति में त्वरित सहायता एवं प्रभावी समन्वय के लिए कलेक्ट्रेट स्थित इटीग्रेटेड कमांड एंड कंट्रोल सेंटर (आईसीसीसी) तथा पुलिस लाइन में कंट्रोल रूम स्थापित किए गए हैं। कलेक्ट्रेट स्थित आईसीसीसी कंट्रोल रूम के

दूरभाष नंबर 05832-266049, 05832-266050, 05832-266052 एवं 05832-266054 तथा मोबाइल नंबर 7505389289 एवं 7505395940 जारी किए गए हैं। इसी प्रकार पुलिस लाइन स्थित कंट्रोल रूम के मोबाइल नंबर 9454402956 एवं 9454417440 पर भी किसी भी प्रकार की सूचना अथवा सहायता प्राप्त की जा सकती है। जिलाधिकारी ने बताया कि 30 जुलाई 2026 से प्रारंभ होने वाली कांवड़ यात्रा के दौरान प्रत्येक शुक्रवार सायं 8:00 बजे से सोमवार सायं 5:00 बजे तक लागू रहने वाले रूट डायवर्जन को प्रभावी ढंग से लागू कराया जाएगा। इस अवसर पर प्रशासनिक व पुलिस अधिकारी मौजूद रहे।

बेहतर ढंग से हो बच्चों का कुपोषण प्रबन्धन



क्यूँ न लिखूँ सच / बदायूँ मुख्य विकास अधिकारी निर्देश दिये गये कि आंगनवाडी केंद्रवार बच्चों सैम व मैम बच्चों का कुपोषण प्रबन्धन करते हुए पोर्टल पर सुधार की प्रगति करते हुए मंगलवार को उनके समक्ष समस्त बाल विकास परियोजना अधिकारी अपनी अपनी सेक्टरवार एवं केन्द्रवार आख्या प्रस्तुत करेंगे। उनके सम्बन्ध में साप्ताहिक बैठक आयोजित

करायी जायें तथा विभाग सी0एम0 डैशबोर्ड प्रत्येक केन्द्र पर समस्त प्रकार की वजन मशीनों की उपलब्धता का विवरण लेकर बैठक में प्रतिभाग करें। साथ ही समस्त आंगनवाडी केन्द्रों पर साफ-सफाई का विशेष ध्यान रखने हेतु भी निर्देश दिये गये। इस अवसर पर समस्त बाल विकास परियोजना अधिकारियों एवं जिला कार्यक्रम अधिकारी उपस्थित रहे।

संक्षिप्त समाचार

शराब के नशे में बेटे ने पिता की चाकू से हत्या, बहू को बचाने पहुंचे थे बुजुर्ग

क्यूँ न लिखूँ सच / ब्यूरो / बरेली। बिथरी चैनपुर थाना क्षेत्र के गायंव में शुक्रवार धारेलूखूनी में बदल शराब के घर पहुंचे ने पहले साथ की। बीच-बचाव करने पहुंचे उसके पिता रामदीन कोरी पर उसने चाकू से ताबड़तोड़ हमला कर दिया, जिससे उनकी मौके पर ही मौत हो गई। मृतक की पोती हिमांशी ने बताया कि उसके पिता शराब के नशे में मां को पीट रहे थे। दादा बचाने पहुंचे तो उन पर चाकू से हमला कर दिया। घटना के बाद आरोपी फरार हो गया। सूचना पर पहुंची बिथरी चैनपुर पुलिस ने शव को पोस्टमार्टम के लिए भेज दिया और आरोपी की तलाश शुरू कर दी है। पुलिस का कहना है कि तहरीर के आधार पर मुकदमा दर्ज कर जल्द गिरफ्तारी की जाएगी।



सुपर सिटी में ग्रीन ड्राइव के तहत गूंजा वृक्षारोपण अभियान

क्यूँ न लिखूँ सच / ब्यूरो / बरेली। पर्यावरण संरक्षण और प्रकृति के संतुलन को पुनर्स्थापित करने के उद्देश्य से दिव्य ज्योति जागृति संस्थान ने ग्रीन ड्राइव कैपेन के तहत शुक्रवार, 24 जुलाई को सुपर सिटी कॉलोनी के



पार्क में वृहद वृक्षारोपण कार्यक्रम आयोजित किया। कार्यक्रम में पौधे लगाकर लोगों ने हरियाली बढ़ाने और आने वाली पीढ़ियों को स्वच्छ एवं सुरक्षित वातावरण देने का संकल्प लिया। इस अवसर पर वक्ताओं ने कहा कि लगातार घटते पेड़ों के कारण प्रकृति का संतुलन बिगड़ रहा है। ऐसे में अधिक से अधिक वृक्ष लगाना और उनका संरक्षण करना समय की सबसे बड़ी आवश्यकता है। यदि प्रत्येक व्यक्ति एक पौधा लगाकर उसकी देखभाल करे, तो पर्यावरण को सुरक्षित रखने की दिशा में बड़ा बदलाव लाया जा सकता है। कार्यक्रम में डॉ. हरीश भट्ट, डॉ. मनोज काण्डपाल, बी.डी. जोशी, मोहन पाठक, राजेंद्र पाठक, भुवन जोशी, मोहन सिंह बिष्ट, के.सी. शाह, कैप्टन डी.एस. धनिक, बी.एस. राजपूत सहित सुपर सिटी कॉलोनी के अनेक निवासी और क्षेत्रवासी मौजूद रहे। सभी ने पौधारोपण के साथ-साथ पर्यावरण संरक्षण का संदेश देते हुए हरियाली बढ़ाने का संकल्प भी लिया।

एक महिला, दो आशिक और कत्ल: सुपरवाइजर बना कातिल, ब्लेड से काटा नए प्रेमी का गला; अस्पताल पहुंचकर खुद उगला राज

पुलिस जांच में सामने आया है कि महिला और नरेश के बीच पिछले करीब सात वर्षों से संपर्क था। दोनों का एक-दूसरे के घर आना-जाना भी था। करीब एक माह पहले किसी बात को लेकर दोनों के बीच विवाद हो गया, जिसके बाद महिला ने नरेश से दूरी बना ली। इसी दौरान उसकी नजदीकियां सुरेश से बढ़ गईं। पिछले करीब 15 दिनों से महिला और सुरेश का एक-दूसरे के घर आना-जाना शुरू हो गया था। ग्रेटर नोएडा स्थित सिरसा गोलचक्कर के पास सर्विस रोड पर गुरुवार रात करीब 10-30 बजे एक महिला को लेकर कंपनी के सुपरवाइजर और कंपनीकर्म के बीच हुआ विवाद खूनी संघर्ष में बदल गया। आरोप है कि कंपनी सुपरवाइजर ने मशीन से कपड़े काटने वाली ब्लेड से कंपनीकर्म पर गले और पेट के पास हमला कर फरार हो गया। सूचना पर पहुंची कासना कोतवाली पुलिस इलाज के लिए कंपनीकर्म को कासना स्थित जिम्स अस्पताल लेकर पहुंची, जहां डॉक्टरों ने उसे मृत घोषित कर दिया। मामले में कासना कोतवाली पुलिस ने मृतक के भाई की तहरीर पर आरोपी सुपरवाइजर के खिलाफ हत्या का धारा में प्राथमिकी दर्ज कर उसे गिरफ्तार किया है। सात साल से काम कर रही है महिला- पुलिस के अनुसार बुलंदशहर निवासी 35 वर्षीय एक महिला पति से अलग होने के बाद पिछले करीब आठ वर्षों से सिरसा में अपने दो बच्चों के साथ किराये के मकान में रह रही है। महिला का पति एक बच्चे को अपने साथ गांव में रखता है। सिरसा में रहने के दौरान महिला ने करीब सात वर्ष पहले दक्ष इंडिया कंपनी में काम शुरू किया था। इसी दौरान उसकी पहचान मूलरूप से चांदपुर रबपुरा निवासी नरेश कुमार (40) से हुई। नरेश कंपनी में पिछले 12 वर्षों से कार्यरत है। उसकी शादी हो चुकी है और उसकी पत्नी बच्चों के साथ गांव में रहती है। किराये का मकान ले रखा है और वह समय-समय पर अपने रबपुरा स्थित घर भी जाता है। सुरेश की भी पत्नी और बच्चे रहते हैं गांव में- इसी कंपनी में नौगांव भगवंतपुर बरेली निवासी सुरेश (35) पिछले तीन वर्षों से कार्यरत था।

उनका कहना है कि अस्थायी रूप से पानी निकालने के बजाय जल निकासी की स्थायी व्यवस्था बनाई जाए, ताकि भविष्य में मरीजों और स्वास्थ्य कर्मियों को इस परेशानी का सामना न करना पड़े। लोगों का कहना है कि बिहारपुर जैसे दूरस्थ क्षेत्र में यह अस्पताल हजारों ग्रामीणों के लिए जीवन रेखा है। यदि इसी अस्पताल की व्यवस्था बारिश के सामने बेबस हो जाए, तो इसका सबसे अधिक खामियाजा गरीब और ग्रामीण मरीजों को भुगतना पड़ता है।

Does chewing gum really stay stuck in the stomach for years? Find out if this is true or a fabricated story.

Since childhood, we've heard that chewing gum stays in our stomachs for up to seven years, but we never tried to find out the truth. As children, our parents were extremely vigilant when we chewed gum or simply didn't let us eat is swallowed, it stays in the stomach for find out if chewing gum is really so harmful gum stay in the stomach for years? - There's for eating. People say that once swallowed, reason people think this is that because broken even after a lot of chewing, they stomach. How much truth is there? swallowed, it passes through the digestive that our bodies don't produce the digestive chewing gum cannot be digested. It's gum can block a child's intestines and cause to give it to young children. How is chewing chewing gum so difficult to digest. It's worth fruit flavors are used to make it. The gum resin, which is not a real food ingredient. In earlier times, natural tree sap, known as chicle, was used when it was made.



it. While in school, we heard that once chewed gum years, but we never tried to find out the truth. Let's that it stays in the stomach for years. Does chewing no doubt that chewing gum is only for chewing, not it stays in the stomach for up to seven years. A major chewing gum is flexible and sticky and can't be assume it will remain in its original shape even in the Although this is a myth, if chewing gum is accidentally system and is excreted in the stool. However, it is true enzymes needed to break it down. This is why important to note that swallowing too much chewing problems like constipation. Therefore, it's advised not gum made? It's natural to wonder what makes noting that gum base, glucose syrup, sweeteners, and base in question is made from synthetic rubber or

Why buy sweets from the market this Shravan? Easily make mini Ghevar-like latticed 'Mini Ghevar' at home, note the recipe.

Instead of buying sweets from outside this Shravan, prepare mini Ghevar at home by following the easy steps given here. Make Mini Ghevar at Home Easily in a Simple Pan Prepare Rabri Ghevar - The Perfect Sweet for the Shravan during this festive season, the sweet aroma Traditional Rajasthani Ghevar tastes is a very difficult task, as we neither have share with you today a special recipe for can be easily made at home, eliminating the recipe: 1 can of refined flour - 1 teaspoon of of lemon juice - 1 cup of sugar (for syrup) - dry fruits - 4-5 cardamom pods. Method: add the refined flour, cornflour, and lemon batter forms. Be careful not to form lumps. add sugar and water to a small saucepan. desired, you can add a little milk. Add the water for 4-5 minutes on medium flame, and let it cool. After that, check between not. If a string starts forming then your appe or idli. Add ghee to it so that the slightly hot, pour the Ghevar mixture on it. A net-like texture like Ghevar should be formed in it, fry it till it becomes light golden and crispy. Dip the Ghevar in the syrup. Serve by adding rabri and dry fruits on top of the mini Ghevar.



Festivals. The month of Shravan is about to begin, and of Ghevar in the markets will make your mouth water. absolutely amazing, but making it in large sizes at home the agility of a confectioner nor the large utensils. Let us making mini Ghevar. Mini Ghevar Recipe - Mini Ghevar hassle of buying Ghevar from the market. Let's learn the cornflour - 1/4 teaspoon of ghee - 4-5 ice cubes - 1 teaspoon 1/2 cup of water - 1 liter of milk rabdi - 1 cup of chopped First, take a jar and mix the ghee and ice cubes in it. Then, juice to this mixture. Continue mixing until a thin, thick Set the mixture aside and prepare the syrup. For this, Boil the water until the sugar dissolves completely. If cardamom powder and saffron if desired. After boiling add a few drops of lemon juice. Take the syrup in a spoon your finger and thumb whether it is forming strings or syrup is ready. In this step, you have to heat the mould of mixture does not stick to it. When the mould becomes

Lifespans have increased, but health has declined; people in India are forced to spend an average of 10.6 years living with illness.

The report states that women are living longer than men, but with increased illness and physical problems. Human lifespans are increasing, but the thread of health is weakening. Advances in science and technology have given us a few extra years rather than happiness. The "Global Burden of Disease" the harsh reality that the "morbidity gap," the difference worldwide since 1990. The gap between healthy life will spend an average of 14.5 percent of their lives in ill throughout adulthood. The study found that in 2023, the compared to 8.8 years in 1990. This suggests that people expectancy has increased in India, but the scope of diseases healthy life expectancy was 50.1 years, meaning the increased to 71.6 years, but healthy life expectancy only spend 10.6 years of their lives living with illness and physical disabilities. Ill health casts a heavy shadow on women's longevity - It has also been revealed that women across the world are living longer than men, but a significant portion of their lives are spent in ill health. According to 2023 data, the morbidity gap for women was recorded at 12.1 years, while for men it was 9.3 years. In India, the morbidity gap for men increased from 7.5 years in 1990 to 9.1 years in 2023. Meanwhile, for women, this gap was 9.4 years in 1990, which increased to 12 years in 2023. Back pain, mental stress, and lifestyle became major causes - Muscle and bone disorders (especially waist and lower back pain) have played a major role in robbing both men and women of a healthy life. Mental disorders like depression and anxiety have also emerged as major causes. Globally, high fasting blood sugar and high body mass index (obesity) are risk factors that are eating away at health like termites. The priority should be healthy life, not longevity - Senior author Christopher Murray said, "Our findings demonstrate that future improvements in public health will come not just from helping people live longer, but from helping them live healthier lives. Progress in healthy aging should be measured not just by "lifespan," but by "healthy lifespan."



of life, but these years are being spent in the shadow of illness and helplessness 2023 study, published in the medical journal "The Lancet Public Health," reveals between total life expectancy and healthy life expectancy, has increased rapidly expectancy and total life expectancy has widened—in 2023, people worldwide health, up from 13.6 percent in 1990. This gap is evident not only in late life, but gap between healthy life expectancy and total life expectancy was 10.7 years, worldwide are living longer, but also spending more years in poor health. Life has also expanded. In 1990, total life expectancy in India was 58.5 years and unhealthy gap was 8.4 years. By 2023, India's average life expectancy had reached 61.0 years. This means that today, on average, Indians are forced to

Same age, but older mind: Mental illnesses and addictions are damaging your brain, research reveals

According to a recent study, alcohol addiction and other mental health issues are leaving deep scars on the brain. In today's modern lifestyle, cases of mental illnesses like depression, anxiety, and lack of focus are increasing rapidly, while alcohol people are becoming addicted to it. However, a recent report some kind of mental illness may experience faster brain Mental illness is increasing brain aging - A study has found experience accelerated brain aging. Furthermore, each (the difference between actual age and age determined by actual age and age determined by brain imaging is positive, in China revealed this finding: Researchers at Nanjing 45,900 healthy individuals. They then compared this data with data from 2,698 patients with various brain-related disorders. The analyzed disorders included attention deficit hyperactivity disorder (ADHD), autism spectrum disorder (ASD), alcohol or tobacco addiction, Alzheimer's disease, intellectual impairment, and mental illnesses such as schizophrenia, bipolar disorder, and major depressive disorder. It also found that neurodegenerative diseases, such as Alzheimer's disease, were most strongly associated with a higher predicted age difference (PAD). Furthermore, addiction and mental illness were also associated with an increased predicted age difference.



consumption has also become increasingly common in this deteriorating lifestyle. This is why is raising concerns. It has found that people who consume alcohol excessively or suffer from aging. In other words, this has a direct impact on the brain's ability to think and understand. that people with mental illnesses like dementia, alcohol addiction, or schizophrenia may disease leaves distinct marks on specific parts of the brain. Scientists use predictive age difference brain imaging) to determine the age of the brain relative to the body. If the difference between it clearly indicates that the brain has been affected and the aging process is accelerating. Research University of Aeronautics and Astronautics in China collected MRI data from approximately The analyzed disorders included attention deficit hyperactivity disorder (ADHD), autism spectrum disorder (ASD), alcohol or tobacco addiction, Alzheimer's disease, intellectual impairment, and mental illnesses such as schizophrenia, bipolar disorder, and major depressive disorder. It also found that neurodegenerative diseases, such as Alzheimer's disease, were most strongly associated with a higher predicted age difference (PAD). Furthermore, addiction and mental illness were also associated with an increased predicted age difference.

Will Jana Nayagan dethrone Shah Rukh Khan's Pathan? Will the record be threatened by a bumper opening?

South superstar Vijay Thalapathy's upcoming film, Jana Nayagan, is dominating the advance booking collections. Vijay's Jana Nayagan, which will be released soon, is dominating the advance booking opening day record. After Nadu Chief Minister Vijay will soon hit theaters. The window for this highly Nayagan appears to be advance booking Jana Nayagan could break Bollywood superstar Shah Pathan. Bumper Advance Nayagan is being touted as the final film of Vijay's stone unturned to make it India, with over 3,500 in by SACNILC, as of grossed ₹15 crore bookings for its opening figure is expected to surpass with 6.5 lakh tickets sold on bookings for Jana Nayagan crore (approximately \$3.5 billion). This is expected billion (approximately \$1 billion) break Shah Rukh Khan's Pathan's record of ₹104 crore worldwide on its first day of release. When will Jana Nayagan be released? Vijay's Jana Nayagan struggled for more than seven months before its release, and now the movie is ready for release. This highly anticipated film will be released in theaters worldwide on July 23rd.



collections and could break Pathan's a tough battle, South superstar and Tamil Thalapathy's final film, Jana Nayagan, makers opened the advance booking anticipated film a few days ago, and Jana receiving a good response. Now, based on collections, it is being estimated that Vijay's the opening day earnings record of Rukh Khan's all-time blockbuster, Bookings for Jana Nayagan Vijay's Jana the biggest release in Indian cinema. As acting career, the makers are leaving no a hit. 8,000 shows are planned across Tamil Nadu alone. According to a report Wednesday morning, Jana Nayagan has (approximately \$1.5 billion) in advance day. When blocked seats are included, this ₹20 crore (approximately \$2.5 million), the first day alone. Global advance for the first weekend have exceeded ₹30 billion), and this figure is rapidly to lead to a global opening of over ₹1 billion). If this happens, the film could

Married at 16, mother of four, and rebelling against the British... Leaving her alcoholic husband behind, she became cinema's first "Hit Maa."

Hindi cinema's first graduate actress, who married young, fought with her husband, raised her children alone, and even rebelled against the British. There have been many actresses in Bollywood who achieved great success, but the hardships of time in their personal lives have transformed them into utter ruin. While today's actresses live a life of luxury, there was a time when Hindi cinema saw a heroine who, through even called Hindi cinema's first graduate actress. graduate actress? - The actress we're talking Brahmin family in Karnataka, Leela Chitnis professor, so Leela Chitnis herself was highly graduate. She married at the age of 15 or 16 acting remained undiminished. She joined a began pursuing her passion for acting by Married at a young age, she then raised her voice when she married Dr. Gajanan Yashwant children. During this time, she and her husband relationship with her husband was not very separated from him and focused on raising her Gradually, Leela's journey towards cinema children and managing a household wasn't easy. Daku," in which she wore men's clothing. Leela acting that she was flooded with offers. At that took on would shine. It was during this time that the film that catapulted Leela Chitnis's career Ashok Kumar's performances in the film were together. In 1940, she starred in the film in 1941, she made history. She was the first to endorse the soap brand. Leela Chitnis, her career. She never shied away from any role, Leela played the role of a mother for the first were many actresses who played mothers on a mother, the audience loved her immensely. She Anand, and Raj Kapoor. Despite reaching the 1987 film Dil Tujhko Diya. Away from the recognized as Maharashtra's first female graduate. She worked for decades, establishing herself in cinema, fighting the British, fighting her husband, and giving many memorable films before breathing her last in America. She passed away in 2003 at the age of 94.



her own struggles, carved a niche for herself in films. She is Today, we'll tell you her story... Who was cinema's first about is Leela Chitnis. Born on September 9, 1909, into a came from an educated family. Leela's father was an English educated. She earned the title of Maharashtra's first female and became the mother of four children, but her passion for Marathi theater group called "Natyamanvantar." There, she performing in comedy plays. After this, she entered films. against the British. Leela Chitnis was around 15-16 years old Chitnis. At a young age, she became a mother and had four were also raising their voices against the British. However, her good. His alcohol addiction troubled her. Eventually, she children. After this, Leela started working as a school teacher. began. Bombay Talkies recognized her talent. Raising four Finally, Leela Chitnis got her first break with "Gentleman played the role brilliantly. Directors were so impressed by her time, Leela was at such a stage in her career that any film she Leela got the opportunity to join Bombay Talkies. However, was Kangan, which she did with Bombay Talkies. Leela and highly praised, and the two later appeared in several films "Bandhan Azad," followed by "Jhoola" in 1941. Meanwhile, Indian actress to become a Lux Girl and the first Indian actress cinema's first hit mother, played all kinds of roles throughout and then came a time when she became a hit mother. In 1948, time in the film Shaheed, playing Dilip Kumar's mother. There screen at that time, but Leela was unique. Whenever she played played the mothers of superstars, from Dilip Kumar, Dev peak of her career, Leela Chitnis left the industry after the limelight, Leela settled in America with her children. She was before breathing her last in America. She passed away in 2003 at the age of 94.

Popular YouTuber Mr. Beast marries his longtime girlfriend, shares romantic photos from the beach

YouTube star Mr. Beast has married his longtime partner, Thea Booysen, on a private island. YouTube star Jimmy Donaldson, better known as Mr. Beast, has tied the knot. He married his longtime partner, Thea Booysen, in a private was attended by only close family and friends. Mrs. the wedding, the creator shared the first official The bride wore a stunning white gown by Nicole groom wore a black and white Ralph Lauren in the caption, "I found Mrs. Beast and it was the can be seen walking towards the wedding venue, at the reception. Who is Mr. Beast's wife? Thea writer, and Twitch streamer. She is known in the also the co-owner of the South African e-sports in law and psychology from Stellenbosch cognitive neuropsychology from the University of young-adult novel, "The Marked Children," in during a trip to South Africa in 2022. After their soon entered into a relationship. They were first Kids' Choice Awards.



ceremony on a private island. The wedding Beast seen in a white gown - Shortly after photos from the ceremony on Instagram. + Felicia Couture for her special day. The tuxedo. Sharing the photos, Mr. Beast wrote best day of my life." In the photos, the couple posing for a photoshoot, and cutting the cake Booysen is a South African content creator, gaming community as "TheaBeasty." She is organization "Nixuh." Thea holds degrees University and a master's degree in human Edinburgh. She also published her first 2022. MrBeast and Thea Booysen first met initial conversation, they stayed in touch and seen in public together in April 2022 at the