

संपादकीय Editorial

Inflation rate at peak

Retail inflation rate in October was 6.2 percent. This is the highest level in the last 14 months and is much higher than the satisfactory level of 4-5 percent set by the Reserve Bank of India. The prices of green vegetables in the country have increased by 42.2 percent in October itself. Inflation in the food and soft drink group was 8.36 percent in September, but increased to 9.69 percent in October. Onion is being sold at Rs 70-80 per kg in retail in the capital Delhi and the economic capital Mumbai, while Nashik in Maharashtra produces the most onions. In the markets there too, onions are being sold at an average of Rs 50 per kg. Market experts estimate that the price of onion can increase to Rs 100 per kg and tomatoes can be sold at a much higher price than this. Not only vegetables, but grains, pulses, fertilizers, edible oil and essential commodities for farming have also become expensive. Farmers have to sow Rabi crops, but there is a crisis of fertilizers in the market. There are long queues outside the fertilizer shops. The fertilizer sack which was available for 50 kg has now been reduced, but the sack has been made costlier by up to Rs 300. How can an average farmer sow cheap crops and get the minimum support price? Reserve Bank Governor Shaktikanta Das estimates that inflation will increase further. The Government of India and the Reserve Bank had decided together that the retail inflation rate should remain between 4-5 percent. The ideal situation is 4 percent. Till now, efforts have been made to keep inflation limited to that level, but now the limits have been crossed. In September, the retail inflation rate had reached 5.5 percent. Signs of increase were received from there. Now this inflation rate has become 6.2 percent, which is the highest. All these figures have been released by the Ministry of Statistics and Program Implementation of the Government of India. The data of organizations which are active in the private sector may be different and the inflation rate may also be higher. Anyway, inflation is not a major election issue in the elections that are being held now. In elections, there is competition for freebies or there are discussions about sharing, cutting, being afraid and dying. Apart from inflation, mandates are never decided on issues like unemployment, education, health, whereas these are the basic problems and needs of the common man. According to SBI research, out of the 23 states of the country, inflation has increased the most in Chhattisgarh by 6.4 percent in the last one year. Inflation has increased by 3 percent in MP, 2.3 percent in UP, Bihar, Kerala, Tamil Nadu. Punjab and Haryana are such states where inflation has increased by only 0.4 percent and 0.7 percent respectively in a year, but the inflation rate has been more than 5 percent. Rajasthan is the only state where the inflation rate has decreased. There are five states in the country where the inflation rate has been more than 7 percent. Odisha is at the top among these states with an inflation rate of 7.5 percent. The data also states that the inflation rate has been less than 6 percent in 11 states. However, it is being estimated that despite such an increase, the inflation rate will average 4.8 percent in the financial year 2024-25, which is within the ambit of the Reserve Bank's target. It is worth noting that the inflation rate of food items was 10.87 percent in October, which was 9.24 percent in September. It is said that crops were affected in many states due to weather uncertainty. Production of major vegetables including potatoes and tomatoes decreased. The gap between demand and supply increased. However, whatever picture of inflation comes out in the government figures, it is going to hurt the common man. His pocket is being affected. After the Corona epidemic.

Waiting for another decision on AMU, why there should not be SC-ST and OBC reservation?

Sir Syed often despised Congress leaders by calling them Bengalis because most of the Congress leadership was from Bengal at that time. In this ideological background, Sir Syed had established Madrasatul Uloom and Muslim-Anglo Oriental College in Aligarh during 1875-77, which was given the form of 'Aligarh Muslim University' by the then British government 22 years after his death. What is the implication of the recent decision of the Supreme Court on Aligarh Muslim University (AMU)? The seven-member constitutional bench of the apex court overturned the 1967 decision by 4-3, which said that it is not a minority educational institution. It is an established truth and it is mentioned in the official website of AMU itself that this university is the brainchild of Sir Syed Ahmed Khan. Born on 17 October 1817, Sir Syed Ahmad Khan joined the East India Company in 1838 and helped the British during the First War of Independence in 1857. Winning their trust, he served as a judge in the British court between 1867-76. In April 1869, Sir Syed was awarded the 'Order of the Star of India' in England, and in 1887, Lord Dufferin made him a member of the 'Civil Services Commission'. The British government, pleased with the loyalty of Sir Syed, popularly known as 'Khan Bahadur', gave him the title of 'Knight' in 1898. In 1885, when the demand for complete independence and democratic system started rising in the country with the establishment of the Congress, Sir Syed, loyal to the British, started distancing Muslims from the national movement. By raising the issue of 'Hindu-Muslim', 'Hindi-Urdu', 'Sanskrit-Persian', he established the idea through the religious sentiments of Muslims that it is the duty of Muslims to stay close to the British and away from the Congress. He was successful to a large extent in this campaign, because a large part of the Muslim society was cut off from the national mainstream, consciousness and later it also agitated for Pakistan. This thinking was initiated by Sir Syed by giving this speech in Meerut on 16 March 1888, "Think, if the British are not in India, then who will be the ruler? Will two nations - Hindus and Muslims be able to sit on the same throne with equal rights? No. It is necessary that one of them defeats the other... After all, you have had an empire in India for seven hundred years. You know what it means to rule... Only Christians can be the true friends of Muslims... We will have to adopt such a system, so that the British can rule India forever and power never goes into the hands of 'Bengalis'." Sir Syed often despised Congress leaders by calling them 'Bengalis', because most of the Congress leadership was from Bengal at that time. In this ideological background, Sir Syed had established Madrasatul Uloom and Muslim-Anglo Oriental College in Aligarh during 1875-77, which was given the form of 'Aligarh Muslim University' by the then British government 22 original purpose of Pakistan in 1930-33, ideological



The AMU student based partition in 1941, March 1941, Jinnah while in August of the students, Liaquat Ali said, "We are looking at freedom struggle of the later, AMU students and Muslim League. The Prof Humayun Kabir then, were attacked by enemies of the religion. was expected that either be a change in its basic 22 October 1947, the a day before this, AMU army. As soon as this was known, the then Chief Minister of Uttar Pradesh Govind Ballabh Pant wrote a letter to Home Minister Sardar Patel and the entry of Pakistani military officers in the university was banned. In May 1953, the then Vice Chancellor of the University, Zakir Hussain, informed the Nehru government that many Pakistanis were taking admission in AMU. In August 1956, AMU students raised slogans of 'Pakistan Zindabad'. Zakir Hussain resigned from the post of Vice Chancellor amid the growing influence of separatist elements in the same university. When Nawab Ali Yawar Jung was appointed the next Vice Chancellor of AMU in 1965, the students attacked him fatally, in which he suffered serious injuries. AMU was in controversy even in 2018 due to its 'Jinnah love'. Before independence, there was a conflict between India's national aspirations (including independence) and the declared agenda of AMU. When the rest of India was struggling for its independence, AMU was giving concrete shape to Sir Syed's 'two-nation theory', which gave birth to a separate Islamic country in the Indian subcontinent- Pakistan. This character of AMU was also known to the first Prime Minister of independent India, Pt. Nehru. While delivering the convocation speech of AMU on January 24, 1948, Nehru said, "...I am proud of my heritage and my ancestors who have given India the freedom to live in peace and harmony." After independence, independent India aimed to empower those marginalized sections of society who had suffered historical injustice. Taking positive and firm steps to rectify this, reservation for scheduled castes and scheduled tribes was provided in the constitution. With the blessings of self-proclaimed secularists including Congress, AMU continued to deny constitutional rights to these two sections of society along with OBCs. The question is, why should there not be SC-ST and OBC reservation in government-funded institutions in independent India? This is a question that should be seriously considered. It remains to be seen what decision the new three-member bench of the Supreme Court takes on AMU?

years after his death. What was the AMU? After drawing the blueprint of AMU became the informal political-establishment of the Muslim League. union passed a resolution for religion-calling the Congress fascist. On 10 called AMU a 'Pakistani armoury', same year, while addressing AMU Khan (Pakistan's first Prime Minister) you as useful ammunition to win the Muslim nation." In the elections held teachers enthusiastically supported the Muslim leaders (Maulana Azad and etc.) who were opposing the partition AMU students considering them After partition and independence, it AMU would be closed or there would thinking, but this did not happen. On Pakistani army attacked Kashmir. Till students were joining the Pakistani

Bulldozer action, important guidelines of Supreme Court

It is clear from the guidelines of the Supreme Court that bulldozer action is possible after sending a notice against unauthorized construction and hearing the case. Due to this, the decision of the Supreme Court is also being interpreted in such a way that it will be easier to control mafia elements and professional criminals. It remains to be seen whether this happens or not. By issuing guidelines on bulldozer action, the Supreme Court has worked to ensure that arbitrary action is not taken against encroachment, illegal construction as well as crime. It was necessary to do so because bulldozer action was also taken against elements involved in crime and was done on the basis that they have built their house, shop or any other building illegally. It was easy for the government and administration to take such action because most of the people do not get their buildings constructed according to the approved map or the set standards. Bulldozer action was supported by the public because it is their desire that criminal elements should be punished as soon as possible. For this reason, bulldozer action was appreciated, but it cannot be ignored that in such action, the family members of the suspected criminal-accused also got punished due to the demolition of his house and shop. That is why the Supreme Court said that the punishment of an accused cannot be given to his family members. On the basis of the guidelines issued by the Supreme Court regarding bulldozer action, one should not conclude that the way for bulldozer action against those doing illegal construction and encroachment is going to be closed. It is clear from the guidelines of the Supreme Court that bulldozer action is possible after sending notice against unauthorized construction and hearing the case. Due to this, the decision of the Supreme Court is also being interpreted in such a way that it will become easier to control mafia elements and professional criminals. It remains to be seen whether this happens or not? Whatever be the case, the decision of the Supreme Court should not affect the removal of encroachment and stopping occupation of land. Similarly, the audacity of criminal elements should also not increase. The Supreme Court rightly said that no one should be considered guilty without a verdict and it is the court's job to punish the criminal, but the question is whether the courts are able to do this job properly? It would have been better if the Supreme Court had also looked into this question, because it is not hidden from anyone that criminals and mafia elements hardly get punishment for their deeds. Even if they get it, it is very delayed. In the cases of musclemen, wealthy types or criminals with political influence, it is mostly seen that they are successful in prolonging the cases going on against them. It is also not hidden from anyone that even the elements involved in serious crimes do not get punishment soon. This is the reason why people call bulldozer action as justice. It would have been better if the Supreme Court had seen that bulldozer action is the result of delay in justice.

If children run away from eating beetroot, then make its chips today, everyone will keep asking the recipe

These healthy habits will keep you young after the age of 40, face will glow, body will be full of energy

People often consume beetroot in the form of salad or juice, but beetroot can also be eaten in the form of chips. Beetroot chips are very tasty to eat and children also eat it with great



fondness. It can be eaten as a snack in the evening, which tastes very wonderful and after eating it, children will insist on eating it again and again. Beetroot, also known as Chukandar, is a nutrient-rich vegetable that provides many health benefits for the body. Nutrients like fiber, potassium, iron, folic acid and antioxidants are found in

beetroot which help in anemia, weight loss, digestion and keeping the heart healthy. People often consume beetroot in the form of salad or juice, but beetroot can also be eaten in the form of chips. Beetroot chips are very tasty to eat and children also eat it with great fondness. Beetroot chips are a tasty, healthy and crunchy snack, which can be easily made at home. The method of making beetroot chips is very simple, let's know about it. Ingredients for making beetroot chips- Beetroot- 2-3 Olive oil- 2-3 tbsp- Black salt- 1/2 tsp Black pepper- 1/2 tsp- Chat masala- 1/2 tsp Method of making beetroot chips To make it, first wash the beetroot thoroughly and cut both its ends. Now remove the peel and cut the beetroot into thin slices. Now put the beetroot slices in water in a large vessel and wash them thoroughly, so that the excess starch comes out of it. Now spread these slices on a clean cloth or kitchen paper and dry them thoroughly. The drier the beetroot, the crispier the chips will be. Now pour olive oil in a large bowl and add black salt, black pepper and chat masala to it and mix well. After this, put the beetroot slices in this spiced oil and coat them well so that the spice sticks well on each slice. Now pre-heat the oven to 180°C. Now put butter paper on the baking tray and place the spiced beetroot slices on it one after the other. Keep in mind that the slices should not be placed on top of each other, so that they can become crispy well. Bake the beetroot slices in the oven for 25-30 minutes. Turn the chips once in between so that both sides get cooked evenly. You can also air fry or deep fry the beetroot chips. Serve it with tea, green chutney or your favorite dip.

Everyone wants to stay healthy. But nowadays people are not able to pay attention to their daily routine. Due to which they face many problems. Today we are going to give you such tips by adopting which you can stay fit. For this you will not even need to take out separate time. Let's know about those healthy tips in detail. Take a protein-rich diet to stay healthy. Keep yourself young by adopting some healthy habits. Do yoga and meditation to keep mental

health right. Everyone wants to stay fit and healthy. For this people take various measures. But due to changing lifestyle, today people have started looking old even at the age of 25. Wrinkles start appearing on the face. To avoid this, one has to resort to expensive

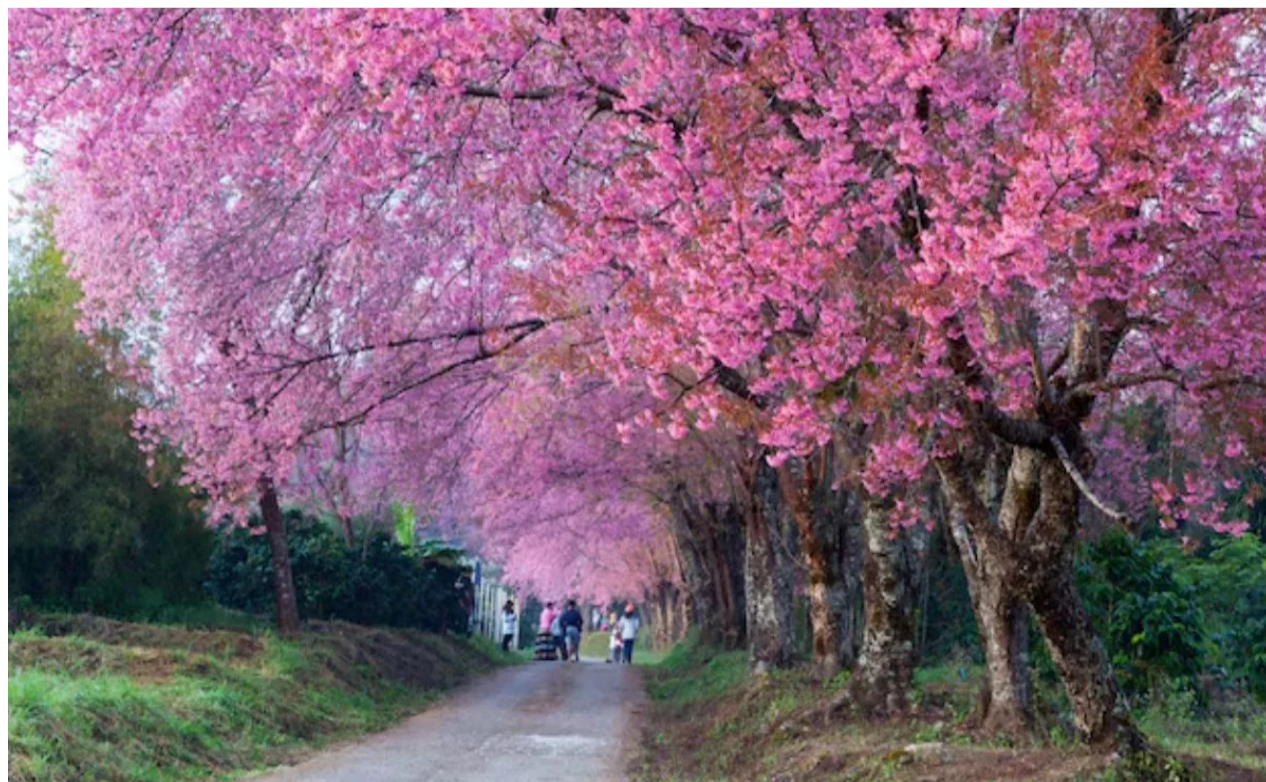


products. Which further spoils their skin. Apart from this, weakness has also been seen in people. If you are also a victim of these things, then our article today can be useful for you. We are going to give you tips on how you can keep yourself young even after the age of 40. For this, you will not even need to spend anything, you just have to make some changes in your lifestyle. Avoid junk food, take a healthy diet - Various diseases surround us due to the consumption of junk food. Along with this, we should avoid consuming too much sweets. Smoking and alcohol should also be avoided. Take a balanced diet. Which includes plenty of fruits, vegetables, lean protein and whole grains. Drink 4 liters of water daily - The easiest and most effective way to clean the dirt in our body is to drink three to four liters of water a day. Make a separate bottle for yourself and drink water while monitoring it throughout the day. This will also keep you away from diseases. Exercise is important If you want to stay healthy even after 40, you should exercise for at least one hour every day. This will not only keep your body fit, but will also keep your body healthy. Have a good sleep- Taking eight hours of sleep is very important for both your physical and mental health. You should definitely sleep for at least 7 to 8 hours every day. Do not take stress- Many diseases also grip us due to stress. It also affects our mental health. To reduce stress, try meditation, yoga, fulfilling hobbies or spending time with loved ones. By adopting these healthy habits, you can look young even after the age of 40. If you still feel any problem or you feel weakness in yourself, then definitely consult a doctor.

Not only Japan or Korea, you can also enjoy Cherry Blossoms at these places in India

Seeing cherry blossoms can be a very unique experience. Usually people think that one has to go to Japan to see it, but you will be surprised to know that you can enjoy cherry blossoms in India too. Here are some places where you can enjoy watching cherry blossoms. Let's know about those places. Cherry blossoms are pink colored flowers. Japan is very famous for

cherry blossoms. Cherry blossoms can all over the world for its diversity. Here When the whole country is shivering with the beautiful views of cherry India too (Places to see Cherry of cherry blossom, the names of Japan parts of India where one can enjoy 'Sakura' in Japanese. Therefore, the 'Indian Sakura'. What are cherry on Prunus trees. They are used for their colors range from pink to white. with pink color. Seeing this is no less beauty of that area. Now you do not enjoy it in some places of India as well. Scotland of India. The weather here is bloom here in winter and the whole city celebrated in Shillong. This festival is Festival. Tourists come here from far blossoms are also seen in Nagaland. bloom in the month of November. You you can see the Naga culture along with



be seen in many places in India too. India is known you get to see something special in every season. in the winter season, some parts of India are lit up blossoms. Yes, you can enjoy cherry blossoms in Blossoms in India). Usually, on hearing the name and Korea come to our mind, but there are some seeing cherry blossoms. Cherry blossoms are called cherry blossoms blooming in India are called blossoms? - Cherry blossoms are flowers that grow decoration. These flowers are very beautiful and When these trees bloom, the entire area is covered than a treat for the eyes. These flowers add to the need to go abroad to see cherry blossoms. You can Shillong, Meghalaya- Shillong is called the pleasant throughout the year. Cherry blossoms is covered in pink. Cherry Blossoms Festival is also called India International Cherry Blossom and wide to see this festival. Nagaland- Cherry These trees bloom a lot in the forests here. They can enjoy it by visiting many places here. Here cherry blossoms very closely. A few days after this,

Hornbill Festival is also celebrated here. North Sikkim- It is very difficult to describe the beauty of Sikkim in words. On top of that, the season of cherry blossoms makes it even more beautiful. Here you can enjoy cherry blossoms in Lacheng and Lachung. Here too, cherry blossoms bloom in the month of November. The best time to see cherry blossoms in India is between November and February. During this time, these trees bloom profusely and the entire area is covered in pink. Tips for seeing cherry blossoms- Clothes- The weather is cold in winter, so wear warm clothes. Camera- Carry a good camera with you to capture the beauty of cherry blossoms on camera. Food- Definitely taste the local cuisine there. Safety- Take care of safety while going to the forest. Seeing cherry blossoms in India is a wonderful experience. If you are planning to visit somewhere in winter, then definitely visit these places.

Comedy 'Dhamaal' will be 'Bhai sahab now all seen again on the screen, records will be broken', Javed Jaaferi gave good news about the fourth installment

If we talk about Bollywood's most amazing comedy franchise, then Dhamaal's name will definitely be included in it. So far, Dhamaal has entertained the audience a lot through three parts and the audience is waiting for its fourth installment (Dhamaal 4). Meanwhile, actor Javed Jaaferi has given a big good news about Dhamaal 4. Latest update about Dhamaal 4



Javed Jaaferi gave a hint about the shooting - this superstar will also be a part of Dhamaal 4. In today's era, it is being seen that there is a kind of competition among filmmakers to make sequels of old films or their third-fourth parts. A day ago, there was a confirmation from the filmmaker regarding the sequel of Shah Rukh Khan's cult movie Baazigar of the 90s and now the latest update has come about Hindi cinema's most successful comedy franchise Dhamaal 4. Which has been given by Dhamaal's Manav i.e. actor Javed Jaaferi. He has given a big good news to the fans regarding the shooting of the film. Let's know what Javed has said. Shooting of

Dhamaal 4 will start soon - Dhamaal is one of those famous comedy franchises of Bollywood, whose characters are cult and the audience still likes to watch it. In such a situation, now when any update comes out regarding its fourth installment, then it is definitely worth discussing it. Recently, actor Javed Jafri has given a latest interview to news agency ANI, in which he has been asked questions about Dhamaal 4. On which Javed has said- Yes, Dhamaal 4 will definitely come, we are all busy preparing for it. Hopefully its shooting can be started early next year. The world is changing very fast, cinema is also changing accordingly. From the 60s to the 70s, a different kind of comedy was seen in movies, which has now completely changed. Hopefully you will get to see this more amazing kind of comedy in Dhamaal 4. In this way, Javed Jaffrey has given a big update regarding the shooting of Dhamaal 4. It is being estimated that Dhamaal can be released on the silver screen in the year 2026. Ajay Devgan will be a part of Dhamaal 4- Dhamaal was released on the big screen for the first time in the year 2007 under the direction of director Inder Kumar. After this, the sequel of Dhamaal came in 2011 and it also made the fans laugh a lot. After this, the third installment of Dhamaal came in 2019, in which actors like Ajay Devgan, Madhuri Dixit and Anil Kapoor made their entry. The situation was such that Total Dhamaal was also a superhit. Recently, the news came out that Ajay Devgan will remain associated with the Dhamaal franchise and he will also be seen in Part 4.



Ameesha Patel poses sitting on the lap of a millionaire businessman 19 years younger than her, fans say - 'Beautiful couple'

Ameesha Patel is known for her modern avatar and desi look. Even at the age of 49, she wreaks havoc on social media. Recently, the actress has shared a photo on social media. In the photo, she is seen getting cozy with businessman Nirvana. Fans speculate that the two are dating. Ameesha Patel is 49 years old, news of the actress's dating started flying - Is Ameesha dating a businessman? Bollywood actress Ameesha Patel was last seen in the film Gadar 2 with Sunny Deol. The film earned a lot at the box office and made many records. The actress stays away from the limelight, but she is very active on social media. Ameesha shared a photo with her boyfriend? - Ameesha keeps sharing her glamorous photos on social media. Currently, a latest picture of the actress is in the headlines on social media. Actually, Amisha has shared a photo on Insta in which she is seen smiling sitting on the lap of a man. The name of this person is Nirvana Birla and he is a well-known businessman. Since then, the news is being spread that Amisha is dating Nirvana. Both are currently in Dubai. Amisha seen in Nirvana's lap - In the photo, Nirvana is also seen hugging Amisha from behind. He has taken the actress in his arms very lovingly. Both are smiling looking at the camera. While posting this photo, Amisha called Nirvana darling and made many heart emojis. Nirvana replied to the photo - Nirvana commented on the photo and told that both of them had a lot of fun together. He also wrote 'Love you' for Amisha in the comment. As soon as Amisha posted the photo, fans started congratulating her. Fans are surprised and most of the people are commenting whether Nirvana and Ameesha are dating each other. Users have even started calling them a couple. One user wrote - 'Beautiful couple'. Another wrote - 'You are a very loving and cute couple.' The third wrote - 'What will happen to Tara Singh now. His heart will be broken.' At present, there has been no reply from Ameesha on this. Who is Nirvana Birla? - Nirvana is an entrepreneur and singer. He is the founder of Birla Brainiacs and Birla Open Minds. There is also a huge age difference between Ameesha and Nirvana. Nirvana is 30 years old while Ameesha is 49 years old.

Kanguva Early Review South superstar Surya's most awaited movie Kanguva has been



released on the big screen today. The morning shows of the film have started which are almost housefull. Meanwhile, fans' reactions to Kanguva have also started coming on the social media platform X (Kanguva X Review). Let's know how people liked Kanguva. Kanguva released in theaters- Audience praised the film- Fans made predictions about the earnings South cinema's famous filmmaker Shiva's much-talked-about film Kanguva has been released in theaters across the world from today i.e. 14 November. There is a tremendous craze among the fans about this movie adorned with two big superstars like Surya and Bobby Deol. Which you can easily guess through the housefull shows of Kanguva in the early morning. Apart from this, reviews from the audience are also continuously coming about Kanguva on the social media platform X, which are telling that a storm named Kanguva has come at the box office. Fans gave such reactions about Kanguva - Kanguva is getting positive response from the fans on the very first day of release and on the basis of the show. There is a kind of flood of reviews of Kanguva on X. After watching Kanguva, a user has tweeted on his official X handle and wrote - I am guessing that this film will break all the previous records of Bollywood. Apart from this, another user has informed that for the sake of Kanguva, businessman and X owner Elon Musk has changed the like button, which is a big deal as an Indian film. Another user has written - I have just finished the first half of Kanguva and it seems to be a great film. According to me, this is going to be the best movie of Surya's acting career so far. In this way, the decision has come from the public on the X platform regarding Surya's Kanguva. However, it is too early to say that this film will break all the records of earning at the box office and create a new record. Kanguva is based on this Tamil novel - It is believed that director Shiva's Kanguva is based on the famous Tamil novel Vel Pari in the Tamil language. Vel Pari contains the story of a great warrior who never accepted defeat in front of Chola, Chera and Pandya. According to reports, Surya is playing the role of the same brave warrior in Kanguva. Apart from this, you will also get to see his double role in the film. Also, Bobby Deol has looked dangerous in the role of the villain.