

संपादकीय Editorial

Kunju sad on Kunjan's song

Long ago, when culture used to create geography, a folk song 'Kunjan Jai Peiyan', which stood as a bridge between Dogri and Kangri, used to reach across every border. Even today, after Mallika Pukhraj, her daughter Tahira Syed is searching for that era in 'Kunjan' in Pakistan, oblivious of the language, dialect or meaning, then even Paprola and Nadaun are mentioned together. Similarly, when Pratap Sharma sang 'Jeena Kangre Da', the region got mixed with the cultural mood of Punjab. The songs chosen then now add the notes of Himachal to the tune of 'Nati Sirmaur Aali A' or the rhythm of 'Rohru Jaana Meri Aamie', but has today 'Kunjaan' become old or surrounded by political depression. At least the part which used to display the common heritage through 'Kunjaan' by calling the society like brother-in-law 'Ik Ghut Pee Jaiyan Dera', was it fragmented by the politicians. Why today 'Kunjan' of Hamirpur got separated from Kangra. Why did the cultural heritage that left an impact like 'Jeena Kangre Da' get lost in its own land even after getting mixed up in Himachal? Even today a singer like Kuldeep Sharma is coming down from Shimla and performing 'Inhan Badiyan Jo Tudka', but the whole atmosphere is under the control of politics. Why is the hope of songs sad in the disappointment of politics? Why is 'Kunja' coming to the foundation stone plaques and asking where those days have gone from where the entire locality used to come together after drinking the water. Why is Jeena Kangre Da not able to open his windows towards the east of power today? If 'Kunjan' comes and sits on the buildings being constructed day and night at the Central University in Dehra, then why has the land of Jadrangal in Dharamshala become untouchable for them. These branches were dark black in color, so now their hearts have also become black. After all, why did she get angry with Kangra while now finding new ways to fly or fly? Evidence shows that 'Kunjan' is now learning the dialect of the ministers in Shimla, so political pundits fear that because of her the language of power may change forever. Kunjan is seeing new greenery in the entire state for its conservation, but the fear is that it may become a curse for the people of Kangra, where this species reached Shimla by singing its song.

Today, migratory birds from Pong Dam have come to compete with Kunjan. Is this why Kunjan has left Kangra or has the grain for this reduced? The state which till yesterday was recognizing the flying birds under the power of BJP, is still seeing some clipped wings. Obviously these are the feathers of birds only. Some local and some expatriate, but many leaders are making efforts by wearing clipped wings on the stage, while somewhere far away in Sudhir Sharma's field, sighs are rising. There, an injured 'Kunjaan' is trying to sing once again to prove that 'the water of Nadaun's fountain is still sweet.' The surprising thing is that the 'Dera' i.e. brother-in-law who was influenced by 'Kunjaan' She has been doing this, but now she does not believe that anything sweet can be found in Kangra region. This bitterness comes in the statements, then Kunjua is being remembered by singing 'Kapde Dhoyan Nale Roan' in Sujampur Tehra on the banks of Beas. Is Kunju sad or lifted by the scenario. Where tears are flowing in the memory of Kunju, what should 'Kunjaan' do? They are afraid of bathing in Beas. If she had taken a bath, perhaps Kunjan would have changed her colour. She is afraid of drinking the water of Beas, but even in the camp of many migratory birds at Pong Dam, she cannot find anyone of her own. River Beas had once seen the expansion of Maharaj Sansar Chand's empire, but today his dynasty became dependent not on horses.

Economy: Many reforms in banking and economic sector in the last decade; Possibility of rapid growth with changing face

After coming to power, the Modi government made many reforms in the banking and economic sectors, due to which there is a possibility of rapid growth in the economy in future. Economic reforms were started in the country from the year 1991, but now work is being done rapidly in this direction. In 1991, many measures were taken to bring positive changes in the areas of foreign trade, tax reforms, foreign investment etc., which grow. Before the Modi 2014, India's GDP at trillion and in 2007 it was exactly 60 years after 1947, trillion in 2007. Today, Indian economy has 2014, the Indian economy in the world, while in 2019, became the fifth largest Minister Nirmala paper in the Lok Sabha, UPA government's tenure achievements of Modi the general public, it was country was facing the Modi government had economy back on track. In a black paper, in which it mentioned the failures of the Modi government and said that the BJP is working to destroy democracy and unemployment and inflation have increased during its tenure. According to the International Monetary Fund (IMF), India's GDP at current prices is now \$ 37.3 trillion, whereas at the time of independence, India's GDP was \$ 227 billion. After coming to power, Modi government made many reforms in the banking and economic sector, the most important of which is the launch of Goods and Services Tax (GST), merger of banks, Pradhan Mantri Jan Dhan Yojana, Pradhan Mantri Mudra Yojana, PM-Swanidhi Yojana, Launch of Atal Pension Yojana, Sukanya Samridhi Yojana, Indian Insolvency and Bankruptcy Code (IBC) etc. In The Indian Economy-A Review report, the journey of the last 10 years of the Modi government has been described as very important in terms of economic reforms. According to the report, nominal GDP is likely to grow at seven percent in fiscal year 2025, while GDP is expected to grow at the rate of 7.3 percent in fiscal year 2024. Not only this, it has also been predicted that India's GDP may grow at the rate of seven percent by 2030. Global rating agency S&P Global has also confirmed this claim of the government due to the strength of India's financial sector and the recent structural reforms undertaken by the government. In such a situation, the size of the Indian economy will be 50 trillion dollars in 2027 and more than 70 trillion dollars in 2030. India was the world's third largest economy in 2023 in PPP terms, while China and the US stood first and second respectively. For the first time in the eighties, the Bombay Stock Exchange (BSE) index crossed the 1,000 mark in fiscal year 1989-90. The mark level was crossed. In the year 2006, the BSE index crossed the 10,000 mark. Then in the financial year 2014-15 it crossed the level of 30,000 points and in the financial year 2018-19 it crossed the level of 40,000 points. The record crossed the 70,000 mark in FY 2023. Nifty index also crossed the record level of 21,000 points in the year 2023. Inflation and unemployment rates are under control in India. Apart from this, per capita income is also continuously increasing. In such a situation, it can be expected that the Indian economy will remain strong in the coming years also. Although the percentage of government debt to GDP is high, it is likely to come down somewhat in the coming years due to the increase in Goods and Services Tax (GST) and other tax and non-tax revenue collections.



helped the Indian economy to government came to power in current prices in 2013 was \$18 about \$10 trillion. Thus, India's GDP reached \$10 according to real GDP, the become 30 trillion dollars. In was the tenth largest economy i.e. within just five years, it economy in the world. Finance Sitharaman, through a white highlighted the failures of the and While presenting the government's tenure before said that before 2014, the economic crisis, due to which to work hard to bring the response, Congress presented

Politics: Symbols are created from images; Elections will have an interesting impact on politicians and people's minds.

Many images of Prime Minister Narendra Modi combine into one and create their impact by turning into a symbol. Many images of Rahul Gandhi are either still in the process of development or those that have been developed have not yet been condensed. No coherent discipline of study of images has yet developed in India. For this, the work of studying, recording and measuring the research methodology and its effects is yet to be done in a consistent manner. 'Images' are not just images, they gradually transform into symbols and deeply influence our psyche. In this process, they create a form of 'mobilisation' of the public mind. In the study of Indian politics and elections, there is talk about 'narratives', but there is no extensive discussion on images. 'Sephology' continues to explain election results on the basis of people's statements, but neither political scientists nor election analysts give much thought to the impact of images in this process. Whereas I believe that images in politics gradually influence our political imagination. In the process of creating this influence, they keep influencing the voters towards any leader, any political party and any idea. Many times images create belief or disbelief and take us to the election booths. They create fascination in us and many times also create disillusionment. For the last several years, I have been involved in the study, discussion and debate on the consequences of the images of political leaders on political and electoral mobilization. I keep trying to understand the formation, deterioration, stagnation and dynamics of the images of political leaders. Recently, we interacted with youth aged 20 to 30 years from small cities, districts and towns of Uttar Pradesh. These youth were from different castes and classes of the society. Among them were students, boys and girls, people from both categories. The implications that emerged from the conversations with them can be very interesting and helpful in understanding contemporary politics. From these conversations it was understood that the images of leaders grow and decline slowly. Their sudden rise or fall comes from major actions or events taken by them. I had basically placed two images at the center of these dialogues – Indian Prime Minister Narendra Modi and Opposition leader Rahul Gandhi. In the accounts of the images of Prime Minister Modi, there was often a tendency to describe him as an honest leader, free from greed and nepotism and dedicated to development. Many youth considered him a leader dedicated to the country and religion. It was most interesting to know that many of the youth among them have also started seeing him as a 'man of the times'. He said that he is a leader who is creating and influencing an entire era. From the accounts that I got to hear about the images in the minds of these youth, two things became clear. Firstly, there has been a big jump in the public image of Prime Minister Narendra Modi after the consecration of Ram Janmabhoomi. People have started seeing and calling him as 'Yug Purush'.

His image of 'Yug Purush' in the minds of the common youth should be considered to have originated after the Ramjanmabhoomi Pran-Prishtha ceremony because it was not heard of before that. Second, his image today 'beyond politics' includes images related to social, religious and family matters. There are both positive and negative perceptions in the public image of any politician. But in public statements, there are often more positive narratives in terms of images. Secondly, many times people feel indifference about them. At the third level comes the statement of negativity of the images, the quantity or percentage of which is usually small. Among national leaders, the leader whose 'other image' keeps changing in the minds of the people is Rahul Gandhi of Congress. Rahul Gandhi continues to develop his image through his many resistance political efforts. His images are still in development. Those images have not yet turned into symbols, as has happened with the images of Prime Minister Modi. Many images of Prime Minister Narendra Modi combine into one and create their impact by turning into a symbol. Many images of Rahul Gandhi are either still in the process of development or those that have been developed have not yet been condensed. There is a contradiction between their existing images and the expectations from them among a section of youth. Many youth did not agree with his 'angry young man' image. They expect that his image should be of gentleness like Rajiv Gandhi. Many youth were found talking about the incident of bill tearing during Manmohan Singh's government. His image consultants might think that Indian youth like anger. They make the mistake of thinking that the Indian psyche aspires for unity, not conflict. Bharat Jodo Yatra has led to the development and expansion of Rahul Gandhi's images as a symbolic leader of opposition politics, but those multiple images are yet to be unified and converted into a single political symbol. Unless images are transformed into symbols, they do not leave a long-term impact. Their effect is momentary. Today the pace of change in the images of political leaders is fast. The main reason for this is the development and expansion of cyber space, media-alternative media, social sites. Since the Indian youth mind is the biggest consumer of this 'communication network', the speed of change of images in its mind is more rapid. Like every time, the changing images of political leaders will affect the Indian elections this time too. It remains to be seen what their impact will be this time and how they will be able to bring about a change in the election results. The main reason for this is the development and expansion of cyber space, media-alternative media, social sites. Since the Indian youth mind is the biggest consumer of this 'communication network', the speed of change of images in its mind is more rapid. Like every time, the changing images of political leaders will affect the Indian elections this time too. It remains to be seen what their impact will be this time and how they will be able to bring about a change in the election results.

Do you also have allergy problems? If these problems occur again and again, be alert.

Allergies are a normal reaction of the body to substances commonly present in the environment. Allergic reactions can be caused by many other factors such as changes in weather, pollen, pet dander or even food. Anyone can have the problem of allergy to any substance, its symptoms



can be cured easily, but if you have frequent allergies then you should definitely take advice from an expert in this regard. It is important to identify the symptoms of allergy and its factors so that adequate measures can be taken to prevent it. Health experts explain that when we have any type of allergy, the immune system produces

antibodies. This is why the immune system's response to allergen exposure can cause inflammation of the skin, sinuses, airways, or digestive system. The severity of allergy varies from person to person, in some situations there is a risk of it taking a serious form, which should be treated appropriately in time. Let us know with the help of which symptoms can be identified whether you too are suffering from allergy problem? Problem of runny nose or frequent blocked nose - If you go out for a walk and within a short time you start experiencing runny nose or nasal congestion. If there is a problem then it could be a problem of allergic rhinitis. This is a reaction to tiny particles in the air you breathe. Allergies caused by mold spores, pollens, detergents and cleansers cause runny or blocked nose. The problem of running nose is not considered a serious sign, but if you keep having such reactions often, then it becomes necessary to identify its factors and take measures to prevent them. Frequent Sneezing - Sneezing once or twice is normal, but if you are sneezing repeatedly then it can be an early sign of a serious allergy. Some people also have problem of sneezing due to food. It is also considered to be a problem caused by sinus. If you keep having such reactions more often and repeatedly, then it becomes necessary to get timely treatment. Symptoms visible in the eyes - The problem of pain, itching, redness or stinging in the eyes can be due to many reasons. In most cases, this is known as an allergic reaction. Itching or redness in the eyes due to sunlight, dust or harmful substances is also a sign of an allergic reaction. A reaction to pollen may occur in the spring. It is important to pay serious attention to these eye symptoms in time because there can be a risk of damage to the internal muscles and micro nerves due to itching and rubbing of the eyes. Symptoms visible on the skin - In case of allergy, its symptoms appear more clearly. It may cause a red, itchy rash on the skin. There can be many reasons for this type of allergic reaction such as allergy to medicines or chemicals or elements present in the environment. Allergy may cause rashes, itching, pain or blisters on the skin. It is important to pay serious attention to these skin reactions and continue to take precautions.

If there is too much chilli in food, then adopt these methods, the taste will improve.

Indian food is quite famous all over the world. People from distant countries come and eat the food here. This is also because the most delicious food is available in India. People here like to eat spicy and spicy food in their happens that in order to prepare accidentally add more chillies. If then its spiciness does not cause any is added to the food then it increases much red chilli, people like to throw problem happens to you too often, ways to reduce this sharpness. You some things. Mix tomato paste in mistake there is too much red chilli situation, you can use tomatoes to heat light oil in a pan and fry the it is roasted properly, add the taste of chilli. Desi Ghee- Desi such a situation, if there is too much can improve its taste by adding desi reduced with desi ghee. Cream: If every Indian house, you will situation, if your vegetable has to it and cook it lightly. This will vegetable. You can remove the spoons of flour to vegetables. Even if there is too much water in the vegetable, you can correct it by adding flour.



If decorative things are decorated incorrectly, the house looks small and stuffy. In such a situation, you can give a beautiful look to your house even with small things. We spend most of our time at home, hence the decoration of the house should be such that it gives us comfort



and relaxation. For this change is necessary. Sometimes even small decorative items make the house or your room beautiful. You can recycle old things and use them in decoration. Some such new trends of decoration give a luxurious and classy look to your house. Your thoughts everywhere - To fill the house with positive energy, you can get motivational thoughts written on the walls or put them in the form of pictures. You can also get positive thoughts written on cushion covers or table cloth. To give a new look, you can paint a part of the wall of the house like a blackboard and write new ideas every day. Whenever a guest comes to your house, he will definitely fall in love with these ideas and will praise you. 3D Painting - Nowadays, there is a trend of 3D painting. You can apply 3D printing to lamps, kitchen accessories, artwork and wall features. These paintings give the feel of a different world. Jute carpets - Nowadays the trend of laying jute carpets is going on very fast. You can spread it in the living room or other rooms. These rugs are very durable and strong. Jute rug is a bit trendy but also gives a classic look to the home. Metal items - By mixing many metals, you can give a beautiful look to the interior, like - from brass candlestick to silver leaf coffee table, metal vase, in which you can plant a small plant and keep it in the living room. You can also decorate with metal fittings and chain pendants. A statue made of metal can be hung on a chain. Wooden Furniture- Wooden furniture makes the house attractive, such as stylish chairs and beautifully designed dining tables, sofas and unique beds. Carpet in the bathroom- You can give a modern look to the decor of your house by laying carpet in the bathroom. When you go to the bathroom in the morning, the soft and beautiful design touch on your feet will thrill your mind and your mind will remain happy the whole day. A bathroom with carpet will give a classy look to your house. Decorate the house with paper - You can decorate the house by making items from old paper. For example, you can make pen stands, wall hangings, baskets, bags from colored paper. These beautiful items will enhance the decor of your home. You can also include Moroccan design- Jellige tiles in your home decor. This trend uses small, colorful tiles. They are used in floors, walls and furniture.

daily meals, but many times it more spicy food, people green chillies are added in excess problem. But if too much red chilli the difficulty. After adding too away that food. If this kind of then we are going to tell you some can reduce this sharpness by using the vegetable - sometimes by in the vegetable. In such a immediately. For this you just have tomatoes to it. This will reduce Ghee is found in every house. In red chilli in your vegetable then you ghee. The spiciness of chilli will be you keep cream in the fridge of definitely find it. In such a become too spicy, then add cream reduce the spiciness of the sharpness by adding three to four

These stars charge huge fees for private programs, names from Katrina to Shahrukh are in the list

These Bollywood actresses started acting from South, today they are the top actresses of the industry.

Film stars try their best to entertain people with their acting. At the same time, in the last few years, a trend of inviting Bollywood celebrities for private functions has also been seen. From Shahrukh Khan to Katrina Kaif, celebrities are often seen gracing the events. These celebs are very short of time, hence these stars charge huge fees attending any private party. Let us know which stars charge how much for private events. Katrina Kaif-Bollywood actress Katrina Kaif is one of the most beautiful actresses of Bollywood. His fan following is very high. Along with acting, he is also very famous for his



dancing. She won people's hearts by dancing brilliantly in songs like Sheela Ki Jawaani, Chikni Chameli, Kamli. Katrina charges huge amount for performing on stage in private programs. According to media reports, his fee is Rs 3 crore 50 lakh. Shahrukh Khan-Shahrukh Khan is also called the King of Bollywood. Actors rule people's hearts with their films. Apart from films, King Khan also performs in private events. According to media reports, his fee for such functions is Rs 3 crore. Akshay Kumar-Akshay Kumar, popularly known as Khiladi, is one of the busiest actors in the Hindi film industry. He works in many films a year. Despite this, he also takes out time to perform in private events. If reports are to be believed, he charges a fee of Rs 2 crore 50 lakh for this type of event. Hrithik Roshan-Handsome hunk Hrithik Roshan is one of the most talented persons in the Hindi film industry. Along with acting, he also rules the hearts of people with his dance. He is not behind other stars in charging huge fees for private events. According to media reports, he charges a fee of Rs 2 crore 50 lakh for dancing in a birthday party, wedding or any private function.

In recent times, many films of South Cinema have performed brilliantly in the Hindi belt. In the coming days, many top Bollywood actresses are going to make their debut in South films. At the same time, there are many top actresses of the industry who started their acting career from South films but today they are counted among the successful actresses of Bollywood.



Let us tell you about these actresses. The first name in this list is that of Bollywood's famous actress Deepika Padukone. Deepika started her career with the 2006 film 'Aishwarya'. After this, she was seen in 'Om Shanti Om' with Shahrukh Khan in the year 2007. Currently, Deepika is in the news for her recently released film 'Fighter'. Deepika is in the lead role with Hrithik Roshan in the film. In the film, he played the role of a fighter pilot. Actress Kriti Sanon also started her career in South cinema. She started her film career in 2004 with 'Nenokkadeen' opposite South superstar Mahesh Babu. Recently, 10 years of this film's release also completed. This film was directed by director Sukumar. Currently, Kriti is in the news for her recent release 'Teri Baton Mein Aise Uljha Jiya'. Shahid Kapoor is in the lead role along with Kriti Sanon in the film. Bollywood's hot sensation Disha Patani also started her acting career with South films. Disha started her career in 2015 with the Telugu film 'Loafer'. Varun Tej was in the lead role with Disha in this film. After this Disha 'M. S. Made his Bollywood debut in the year 2016 with 'Dhoni: The Untold Story'. Currently, Disha is in the news for her upcoming film 'Yodha', in which Siddharth Malhotra and South actress Raashi Khanna are in the lead roles. Actress Yami Gautam, who is making headlines with the film 'Article 370', also started her career in South cinema. Was. Yami started her career with the Kannada film 'Ullas Utsaha'. After this, Yami made her Bollywood debut in the year 2012 with Sujit Sircar's film 'Vicky Donor'. Apart from this, the industry's famous actresses Aishwarya Rai Bachchan and Priyanka Chopra, who have ruled the hearts of the audience, also started their careers from South Cinema. Was done. Aishwarya entered the world of acting with the film 'Iruvar', in which actor Mohanlal played the lead role. This film was directed by Mani Ratnam. Whereas, Priyanka Chopra made her acting debut in the year 2002 with the film 'Thamijaan'. Superstar Vijay played the lead role with her in this film.

Janhvi Kapoor will do double blast, will show her acting skills in South as well as Bollywood.

Janhvi Kapoor is making every possible effort to dominate the big screen. The actress is busy winning the hearts of the audience by playing different characters. Janhvi, who has created the magic of her acting from the silver South films as well. The actress will be in the coming days. Apart from this, pipeline. Let's take a look at the list of Johar recently announced the upcoming Dhawan and Janhvi Kapoor. In this, and Jhanvi Kapoor will play Tulsi attractive and now everyone's eyes are Varun Dhawan have been seen together seen in the film 'Ulj' being directed by of the film had announced this last year. movie produced by Junglee Pictures also 'Mr. and Mrs. Mahi' starring Janhvi long time regarding its release. Directed the life of former Indian cricket captain was announced by producer Karan 2022. The film marks the second horror thriller 'Roohi'. Janhvi Kapoor 'Devraa'. In this film, the actress will be



Ali Khan is playing the role of villain in the film. The film 'Devra' was scheduled to hit the theaters on April 5, but later its release was extended to October 10. The story of 'Devra' has been written by Koratala Siva and he has also directed it. Janhvi Kapoor will share the screen with Ram Charan in 'RC 16'. Recently, filmmaker and Janhvi's father Boney Kapoor put an end to all the speculations and confirmed that Janhvi has signed her second Telugu project. She will soon be seen opposite Ram Charan in his upcoming project with Buchi Babu Sana.

screen to OTT, is soon coming to show her magic in seen sharing the screen with South superstar Jr NTR many Bollywood films are also included in Haseena's Janhvi Kapoor's upcoming films - Filmmaker Karan film 'Sunny Sanskari Ki Tulsi Kumari' with Varun Varun Dhawan will play the role of Sunny Sanskari Kumari. The audience has found the title of the film fixed on its teaser. It is known that Janhvi Kapoor and before in the film 'Bawal'. Janhvi Kapoor will soon be National Award winner Sudhanshu Saria. The makers 'Ulj' is a thriller film. Apart from Janhvi Kapoor, this stars Gulshan Devaiah and Roshan Mathew. The film Kapoor and Rajkumar Rao has been in the news for a by Sharan Sharma, the film is a sports drama based on Mahendra Singh Dhoni. The film 'Mr. & Mrs. Mahie' Johar in November 2021, and shooting began in May collaboration of Janhvi and Rajkumar after the 2021 will be making her Telugu cinema debut with the film seen in the lead role with South superstar Jr NTR. Saif