

संपादकीय Editorial

Implications of no confidence motion
The opposition's no-confidence motion against Prime Minister Modi and his government may prove to be a 'political maneuver'. The opposition knows and has been continuously realizing that the BJP-NDA enjoys a thumping majority of around 335 MPs in the Lok Sabha, while the support of 272 MPs is sufficient for a simple majority. Despite the no-confidence motion, neither the Modi government will fall nor the current political scenario will change. However, due to the motion of no confidence, the Prime Minister will be more or less bound to make his statement in the Lok Sabha. It is obvious that he will definitely speak on Manipur, but in Rajasthan, Bengal, Bihar and Chhattisgarh, apart from women, youths were forced to strip, other sexual crimes were also committed, the Prime Minister will definitely keep those aspects in the House. The total politics of the opposition is that the Prime Minister should present his government's side on the situation in the North Eastern states including Manipur, so that in his retort, the opposition can siege the Prime Minister by presenting its arguments and its facts and the politics of 2024 can be kept alive. The opposition has suddenly grown attracted to Manipur, while history has witnessed that during the 'peak phase' of militancy, the situation was so explosive and violent that the Indian Air Force had to intervene.

Then the Prime Minister of the country was Indira Gandhi. Drug syndicates and illegal arms dealers from countries like Myanmar, Thailand etc. have been active in Manipur. Just three days ago, 718 infiltrators from Myanmar entered Manipur illegally. Why the opposition never raised this issue. Perhaps during the no-confidence debate, the opposition should remember that this is also true of the conditions in a part of 'India'. In fact, the opposition wants to defeat Prime Minister Modi and his BJP by laying a political board through Manipur, which does not seem possible at the moment. On July 20, 2018, the opposition led by the Congress also presented the first no-confidence motion against the Modi government, but the ruling party got 325 votes and the opposition got 126 votes. The conclusion of disbelief was in front. If the opposition brings a no-confidence motion this time too, then the first prerogative is the speaker to approve the motion or not. It can be rejected only on any constitutional, technical grounds. The strategy of the opposition is that in view of the comparisons made by the Prime Minister with the newly formed 'India' alliance, propaganda should also be made that the Prime Minister has indirectly condemned the country of India. insulted. Although the short nomenclature of the alliance is not synonymous with 'India' or 'Bharat', the opposition wants to play emotive politics through this 'masterstroke' nomenclature as well. We do not think it will have any wider nationalist ramifications. However, on this word and issue, the opposition may have to face logical attack from the ruling party and especially from the Prime Minister. However, various 50 Lok Sabha MPs of the opposition will give or must have given notices of the no-confidence motion! The Congress has also issued a three-line 'whip'. Former UPA-Congress chairperson Sonia Gandhi is also scheduled to address the parliamentary party meeting on Wednesday. There is full preparation to play the politics of no-confidence. The motion of no confidence is effective only in the Lok Sabha, because all the MPs are directly elected by the vote of the people and come to the house. Rajya Sabha is the house of different states of the country. Often the central governments do not have a majority in the Rajya Sabha. Neither is BJP-NDA, but they have the maximum number of MPs. by the majority or minority on any proposal in the Upper House, so even now the entire power is vested in the Lok Sabha.

When the voices of concern are weak, the poems of 'rebels' speak like a crowd

Life seeks stability. The poet chose impermanence. Stayed homeless, every night's door was his home. Where there is evening, where there is sleep, there should be home. He lived life like this. Rama Shankar Yadav's name faded away and he became a rebel, a poet rebel and a poet of rebellion. Everyone knew him by this name. If Logbhadra had come to JNU, they would have searched for him by this name. If the rebels had gone somewhere for some time, JNU would have searched for them by this name. This was his home. He would stand at the required time in the empty spaces of the dhaba and all the places here, like the necessary word. If there were less people in the battle, his poems would have started speaking like a crowd. The stones of JNU got used to the marks on his back which might still be there. One winter day, he went to the city, to be a participant in a fight with the students, and when he returned, his body was returned. He fell silent while babbling the poem... - That was the evening of December 3 years ago. While chanting some slogans, muttering some poems, he suddenly fell silent. Right there, in the midst of the crowd of the city and the procession. He was a rebel from the methods of poetry to life itself. He was not a writer of poems, he was a weaver poet who weaves poems within himself and recites them from time to time. The poet whose nothing is written, everything is said. Other people wrote what he said and gave the title of his only book 'Nayi Kheti'. The rebels were like an image in human form. Giving different meaning to understand everyone, shabby in life and veneer, and a strong folk poet within him. Full stop to those judging the man by the veneer. Explaining some other meaning of human identity. They used to give a way to understand the human being and to find it from within. To be left out in countless names is to be a poet...-which is in the language of that person, which is in the way of living his life. His name was left out in the names of the included poets. From the critics as well as from the teachers of literature. To be left out in countless names is to be his poet. A poet of a different path, a poet on his way to the footpath. People say that they left their studies incomplete, while the fight for the country and Delhi remained their study till the last moment. Processions, slogans, crowds and celebrations were his books. He was an equal in the battles for change. After everyone's words, he would say his words in the end, say it loudly and this would be his poem. In which history would have been limited to the present. The history that has not been written. Which instead of writing kept getting erased every time. He continued to narrate to the one who had disappeared. Kept telling history in poetry. While talking about saving themselves, they talk about saving a history, a civilization. They write that- You all those people together save me- with whose blood, pyramids, towers, walls were built, because to save me is to save that woman, whose dead body is lying on the last step of the pond of Mohenjodaro, I To save is to save that person, whose bones are scattered in the pond, to save me is to save my ancestors, to save me is to save my children, you save me! I am your poet, I am a farmer, I am sowing paddy in the sky. To save this is to save that society in history, which is building the world and itself is constantly dying. Whose creation is to become history, history is creation but it has been disappeared from there. It is a consciousness that the rebels stand up for in many of their poems to testify for the toiling masses. His poems used to ask questions, argue and give answers. Just as his life was a life of breaking stereotypes, in the same way he used to break stereotypes through questions and arguments in his poems. Used to argue with religion, used to insist on it in the language of rebellion, in the new farming poem he says that- I am a farmer sowing paddy in the sky, some people are saying that paddy does not freeze in the crazy sky, I say that Gaggle - Google If God can freeze on the ground, then paddy can also freeze in the sky... who would be that last woman in the future, in this way they used to ask questions. Reasoning in question and turning logic into stubbornness, stubbornness is the root of the end of his poetry. Which is visible in both his life and poetry. We can see the same stubbornness with logic at the end of one of his poems 'Aurat' which he used to recite often. Which he used to tell with the help of the question that- who was the first woman in history who was burnt first, I do not know but whatever it may have been my mother, but my concern is that in future who will be the last woman who will be burnt at the end. I don't know if I will be burnt, but whatever happens, it will be my daughter and I will not let this happen, this stubbornness is rebellion. To stick to one's point with arguments is to be a rebel. Even in the last night of the last century, one of his poems, he writes that- Oh my god! Now enough is enough Leave the way for the man I am guilty Give me the punishment You cut my throat Break my head The earth saw the sky Nihara... Vidrohi also wrote some poems in Awadhi. Whose subjects were the people of Awadh and the people of Awadh. Explaining to the land, Birha and the surroundings. This was his own country, whose patriotism he used to understand very well and used to tell. While speaking in Hindi, he started reciting Awadhi. Along with these arguments, he used to poem the question in the language of easy speaking. He used to answer and his expectation also remained from there. Where there are people, where everyone is thinking something together. all solving problems together Are. In his poem 'Koi Raah Nikal Aayegi', he narrates that- When I saw the earth, I could not see the sky, when I could not find any support, then I thought that I will go to the market, I will know the feelings, nothing will happen.

Magical world of world cinema: Hollywood superstar Harrison Ford

Harrison is very fond of his film 'The Mosquito Coast'. Now they have become much kinder and gentler than before. But they do not hesitate to show their differences with the policies of their country. He had strong views on the Vietnam War. With 45 awards to his credit, Harrison Ford is a Hollywood superstar. But he is not just a skilled actor, he is a man of many talents, he is also a private pilot, he flies fixed-wing aircraft and helicopters, helping people in need. He has his own aircraft. Many people have money but very few people use it for social work. He is also an Honorary Board Member of The Humanitarian Aviation Organization 'Wings of Hope'. Not only this, the actor had mastered carpentry before acting, doing it as a profession and still does carpentry as a hobby. He mainly remodels homes and as his reputation for cabinet making spreads, he becomes in demand in the area. But now let's talk about his acting and his films. Born on July 13, 1942, in Chicago, the actor's father's name was Christopher Ford, who was first an actor and later joined an advertising company. Jewish mother Dorothy is a radio artist, that is, acting has been inherited by Harrison. Did not feel like studying much. He did an acting course at Ripon College in Wisconsin, but before completing it, he signed a contract with Universal again. Earlier, he did not get major roles in films and TV but only got secondary roles. In these, the names of 'Arnside' and 'The Virginian' are often taken. When he did not get the desired success in films, he turned towards carpentry. He did this work for four years and then in 1973 he played Bob Falfa in 'American Graffiti' and four years later his film 'Star Wars: Episode 4 - A New Hope' (1977). In this, he has become Han Solo and this film turned out to be amazing. He wanted Han Solo to die at the end of 'Star Wars: Episode 6 - Return of the Jedi' (1983), but director George Lucas was not in favor of it. And after four years, another miracle happened. In 1981, his starring film 'Indiana Jones and the Raiders of the Lost Ark' came. In this he became Indiana Jones. He came to be known as an intelligent character. After the first screen test, he was told that you have no future in this business. But his future was here. Harrison Ford has a beautiful smile. If you don't believe me, watch the movie 'American Graffiti'. He is annoying but does not hit. His character of Bob Falfa in this film is without any particular complexity. 'Star Wars' - the series of films - 'Star Wars' is a series of films. Often series films become boring, but the specialty of this film of George Lucas is that its craze increased with each subsequent episode. Each episode is also a complete movie in itself, leaving a lot of scope for what's to come. The classic masterpiece 'Star Wars: Episode 4 - A New Hope' stars Harrison Ford in a stellar performance as the character Han Solo is introduced for the first time. Even today people talk about it. Perhaps number four is lucky for him, because four years later, Harrison Ford, the quiet but charming demeanor, received his first nomination for both an Academy Award and a Golden Globe for his portrayal of John Book in Witness (1985). Although this film got Oscar for screenwriting and editing. In this two-hour film by Peter Weir, an Amish boy is on his way to Philadelphia with his mother when a murder occurs. The boy is the only witness to this murder. Public Prosecutor John Book (Harrison Ford) tries his best to save the child, but in the process, his life is at stake. Eventually he hides in Amish territory. And there this tough-tempered lawyer gives his heart to a woman from the Amish community. Film 'Indiana Jones and the Temple of Doom' - Four years after this, his film 'Indiana Jones and the Temple of Doom' comes. Indian audiences will be happy to know that the film directed by Steven Spielberg also features a number of Indian actors. There are Roshan Seth, Amrishpuri (Mola Ram), Dharmadas Kurup as well as a Sri Lankan actor D.R. Nanayakkara also appears here. Melissa Mathison, the actor's ex-wife who did her own stunts in the films, wrote the screenplay for E.T. The Extra-Terrestrial. He married Melissa in 1983, they have two children, both of whom separated in 2004. He was previously married to Mary Marquardt in 1964, with whom they had two children, and were divorced in 1979. Nowadays i.e. since 2010, Calista Flockhart is the wife of Harrison Ford and they have a child. Harrison is very fond of his film 'The Mosquito Coast'. Now they have become much kinder and gentler than before. But they do not hesitate to show their differences with the policies of their country. He had very strong views on the Vietnam War. Once the opportunity came when he had to join the army. He was called for a physical test and it was certain that he would pass it and get selected in the army. He had two options either to go for trial or to raise his objection. those He chose the second option. Not satisfied with American films, American foreign policy makes him very restless, he feels that something should be done about it. He is also not satisfied with the American film. According to him, many movies out there today are made like video games, whereas movies should tell the story of human life and relationships. Today, most of the films out there are made for children in the age group of 12-20 years. Working mostly with George Lucas and Steven Spielberg, Harrison rehearses sparingly but impresses with his performances. Performing the stunt himself resulted in a torn knee ligament during the filming of a special trailer for The Fugitive. When he started acting, he thought he would become a character actor and would never get a lead role. They used to think that lead roles go to those who are good looking and have talent. Intelligent people often underestimate themselves. 'Harrison Ford: Hollywood Hero' is his latest film.

ज्ञानवापी परिसर के ASI सर्वे पर रोक बड़ी, तीन अगस्त को आएगा फैसला

इलाहाबाद हाईकोर्ट में ज्ञानवापी सर्वे के मामले में गुरुवार को सुनवाई पूरी हो गई है। कोर्ट ने मामले पर फैसला सुरक्षित रख लिया है। तीन अगस्त को कोर्ट अपना फैसला सुनाएगा। मामले की सुनवाई इलाहाबाद हाईकोर्ट के मुख्य न्यायाधीश प्रीतिकर दिवाकर ने की। ज्ञानवापी परिसर के एसआई सर्वे पर लगी रोक तीन अगस्त तक बढ़ गई है। कोर्ट ने फैसला सुरक्षित रख लिया है। अब तीन अगस्त को कोर्ट इस पर फैसला सुनाएगा। इससे पहले काशी विश्वनाथ मंदिर स्थित ज्ञानवापी परिसर के एसआई सर्वे के मामले में बृहस्पतिवार को निर्धारित वक्त से पहले सुनवाई शुरू हुई। मुस्लिम पक्ष के वकील नकवी ने बहस की शुरुआत की। एसआई के अतिरिक्त निदेशक आलोक त्रिपाठी भी कोर्ट में हाजिर हुए। मुस्लिम पक्ष के वकील ने एसआई के हलफनामे का जवाब दाखिल किया। गुरुवार को सुनवाई के दौरान हिंदू पक्ष



के वकील ने दोहराया रामजन्म भूमि मामले में एसआई को सर्वे की अनुमति मिली थी। इस पर मुस्लिम पक्षकार ने कहा, राम मंदिर मामले में साक्ष्य प्रक्रिया के बाद अनुमति दी गई थी। ज्ञानवापी मामले में ये सब असामयिक हो रहा है। उधर, अतिरिक्त निदेशक आलोक त्रिपाठी ने बताया की एसआई की स्थापना 1871 में हुई थी। उन्होंने कोर्ट को बताया कि जीपीआर सर्वे ही करेंगे। खोदाई नहीं करेंगे। सर्वे में इमारत को खरोंच तक नहीं आएगी। यूपी के महाधिवक्ता अजय कुमार मिश्रा के बहस की शुरू। उन्होंने कहा कि प्रदेश में कानून व्यवस्था बनाए रखना हमारी जिम्मेदारी है। यदि तत्काल सर्वे शुरू होता है तो हमें अतिरिक्त सुरक्षा बल की जरूरत होगी। मुस्लिम पक्षकार ने कहा सिविल वाद की पोषणीयता का बिंदु तय होना जरूरी है। पोषणीयता के विधिक बिंदु तय किए बिना सर्वेक्षण गलत है। बताया कि पोषणीयता का वाद सुप्रीम कोर्ट ने लंबित है। इस पर हिंदू पक्ष ने कहा मामले का जल्द निस्तारण होना चाहिए। बुधवार को दिन भर चली सुनवाई के बाद कोर्ट ने सुनवाई स्थगित कर दी थी। सुनवाई के दौरान हिंदू और मुस्लिम दोनों पक्षों की तरफ से अधिवक्ताओं ने अपने तर्क दिए थे। हाईकोर्ट के समक्ष एसआई के वैज्ञानिक भी उपस्थित हुए। इलाहाबाद हाईकोर्ट के चीफ जस्टिस

कातिल बना बेटा: जेब खर्च न मिलने पर दोस्त के साथ मिलकर बनाई योजना, पिता को दी खौफनाक मौत

उत्तर प्रदेश के मुजफ्फरनगर में किसान की धारदार हथियार से हत्या के मामले में पुलिस ने खुलासा करते हुए आरोपी बेटे को गिरफ्तार कर लिया है। पुलिस पूछताछ में आरोपी ने हत्या की वारदात को कबूल कर लिया है। मुजफ्फरनगर के थाना क्षेत्र के गांव गढ़ी नौआबाद निवासी किसान देवेन्द्र की हत्या उसके इकलौते बेटे ने गांव के ही चाचा-भतीजे के साथ मिलकर की थी। पुलिस ने मृतक के बेटे प्रशांत और उसके साथियों को गिरफ्तार कर वारदात का खुलासा कर दिया। बृहस्पतिवार को आरोपी पकड़े गए। पुलिस से पूछताछ में आरोपी प्रशांत ने बताया कि वह गांव के कपिल के साथ मेरठ में रहकर प्रतियोगी परीक्षा की तैयारी कर रहा था। आरोप लगाया कि पिता देवेन्द्र पढ़ाई और अन्य जेब खर्च देने में हमेशा लड़ाई झगड़ा करता था। इसी कारण अपने साथी कपिल के साथ मिलकर पिता को रास्ते से हटाने की योजना बना ली। कपिल के चाचा अजेंद्र पर लाखों रुपये का कर्ज था। प्रशांत ने कर्ज उतारने का लालच देकर अजेंद्र को योजना में शामिल



कर लिया। 19 जुलाई को प्रशांत अपने पिता देवेन्द्र को सिसौली बैंक में ले गया। बैंक से वापस लौटते हुए दोनों पहले खेत पर पहुंचे। खेत पर पहले से ही चाचा-भतीजे मौजूद थे। आरोपियों ने देवेन्द्र को पकड़कर उसका गला दबाकर हत्या कर दी। वारदात के बाद आरोपी गांव लौट आए। शाम के समय लोगों को खेत में शव पड़ा होने की सूचना मिली, जिसके बाद पुलिस मौके पर पहुंची। शव को कब्जे में लेकर पोस्टमार्टम के लिए भेज दिया था। थानाध्यक्ष अक्षय शर्मा ने बताया आरोपी प्रशांत, कपिल और अजेंद्र को गिरफ्तार कर लिया गया है। पिता की हत्या

विधायक डॉ. आरके पटेल ने कहा, विधानसभा में उठाएंगे इलाहाबाद विवि में छात्रों के उत्पीड़न का मुद्दा

प्रयागराज-सपा मुखिया अखिलेश यादव के निर्देश पर आज सपा का प्रतिनिधि मंडल जिसमें चार विधायक हैं, जेल में बंद छात्रनेता अजय से मिलने के लिए पहुंचा तो जेल प्रशासन ने नियमों का हवाला देकर मिलाने से इनकार कर दिया। साथ ही प्रतिनिधि मंडल और साथ में मौजूद सपा नेताओं को गिरफ्तार कर लिया गया। सपा विधायक डॉ. आरके वर्मा ने कहा कि भाजपा सरकार के इशारे पर इलाहाबाद विश्वविद्यालय प्रशासन छात्रों पर अन्याय और अत्याचार कर रहा है। छात्रसंघ की बहानी और फीस वृद्धि वापस लेने की मांग को लेकर 1090 दिनों से क्रमिक अनशन कर रहे छात्रनेता अजय यादव सम्राट को पुलिस ने फर्जी तरीके से



छेड़खानी समेत अन्य मुकदमों में फंसाकर जेल में भेज दिया है। लुचन-चुनकर सपा से जुड़े छात्रों का उत्पीड़न किया जा रहा है। उनकी आवाज को दबाया जा रहा है। शांतिपूर्ण तरीके से आंदोलन कर रहे छात्रों को गिरफ्तार कर जेल

भेजा जा रहा है। जिस बैरक में हत्या, बलात्कार, डकैती और गंभीर धाराओं में अपराधी बंद हैं उनके साथ छात्रों को रखा गया है। सपा मुखिया अखिलेश यादव के निर्देश पर आज सपा का प्रतिनिधि मंडल जिसमें चार विधायक हैं, मुकदमा दर्ज नहीं किया गया है। मुकदमा दर्ज नहीं करने छात्रों पर हुआ है जो समाजवादी पार्टी के समर्थक है सपा छात्रसभा के जुड़े हैं। जनहित को लेकर आंदोलन करने वालों पर मुकदमा दर्ज किया जाता है। इस मुद्दे को विधानसभा में उठाया जाएगा। यह सरकार डरी हुई है। जो छात्र जनहित का मुद्दा उठाते हैं, उनके खिलाफ गुंडा एक्ट और गैंगस्टर की कार्रवाई की जाती है। एमएलसी डॉ. मान सिंह यादव ने कहा कि छात्र अहिंसात्मक तरीके से आंदोलन कर रहे हैं, लेकिन उनके आंदोलन को दबाने का प्रयास किया जा रहा है। जो छात्र 1090 से अहिंसात्मक तरीके से आंदोलन कर रहा है क्या वह किसी महिला के साथ छेड़खानी करेगा। इस मौके पर विधायक विजया यादव, संदीप पटेल, एमएलसी डॉ. मान सिंह यादव, विधायक हाकिम लाल बिंदु, हेमंत सिंह टुनू, मनोज काका, उदय प्रकाश यादव, आदिल हमजा आदि मौजूद रहे।

सड़क किनारे पेड़ से लटकता मिला युवती का शव, परिजनों ने हत्या की आशंका जताई, लगाया जाम

आजमगढ़ जिले के भटौरा गांव निवासी एक युवती का शव गुरुवार दोपहर गांव के बाहर सड़क किनारे पेड़ से फंदे के सहारे लटकता मिला। पुलिस के देर से पहुंचने पर परिजन आक्रोशित हो उठे और जाम लगा कर प्रदर्शन शुरू कर दिया। आजमगढ़ जिले के भटौरा गांव निवासी एक युवती का शव गुरुवार दोपहर गांव के बाहर सड़क किनारे पेड़ से फंदे के सहारे लटकता मिला। जानकारी होते ही परिजनों के साथ ग्रामीणों की भीड़ जुट गई। पुलिस के देर से पहुंचने पर परिजन आक्रोशित हो उठे और जाम लगा कर प्रदर्शन शुरू कर दिया। परिजनों ने साजिश के तहत युवती की हत्या कर शव को पेड़ पर टांगने का आरोप लगाया। पुलिस ने शव को पेड़ से उतरवा कर पोस्टमार्टम के



लिए भिजवाया। मुबारकपुर थाना क्षेत्र के भटौरा गांव निवासी संगीता सोनकर (18) पुत्री प्रभुनाथ सोनकर का शव गांव से लगभग 200 मीटर की दूरी पर रास्ते के किनारे स्थित पेड़ पर टांगे के सहारे लटकता हुआ ग्रामीणों ने देखा। ग्रामीणों की सूचना पर परिजन व ग्रामीण मौके पर जुट गए। पुलिस को भी सूचना दी गई।

सुपर जोइनिंग वीक

उत्तर प्रदेश, उत्तराखंड, उत्तीसगढ़ पंजाब का तेजी से बढ़ता आपका अपना

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एएमयू हॉस्टल में युवक को बेल्ट से पीटा, विवि प्रशासन ने घटना अपने यहां की होने से किया मना

वीडियो एक माह पुराना बताया जा रहा है, जो अब वायरल हुआ है। पीड़ित युवक का कहना है कि आरोपी युवक का पिता पुलिस में है। उसके चलते समझौता करा दिया गया। शांति भंग में दोनों का चालान कर दिया गया था। सोशल मीडिया पर 2 मिनट 07 सेकंड का एक वीडियो वायरल हो रहा है। वीडियो में एक युवक केवल अंडरवियर पहने हुए है। वह होटल और वहां पर बेइज्जती होने की बात को लेकर दूसरे युवक को बेल्ट से पीटा रहा है। वहां पर अन्य लोग इस नजारे को देखते हुए और वीडियो बनाते हुए दिख रहे हैं। यह वीडियो एएमयू के सुलेमान हॉल का बताया जा रहा है, जबकि एएमयू के प्रॉक्टर प्रो. वसीम अली ने बताया कि जो वीडियो संज्ञान में आया है, वह पुराना लगता है। इस जगह को सुलेमान हॉल बताया जा रहा है, पर यह सुलेमान हॉल नहीं है, न ही दिख रहे विवि के छात्र हैं, फिर भी मामले की जांच की जा रही है। वीडियो एक माह पुराना बताया जा रहा है, जो अब वायरल हुआ है। वीडियो में एक युवक ने अन्य युवक को जमकर बेल्ट से पीटा। पीड़ित युवक का कहना है कि आरोपी युवक का पिता पुलिस में है। उसके चलते समझौता करा दिया गया। शांति भंग में दोनों का चालान कर दिया गया था।

लेखपाल और चौकी इंचार्ज पर कार्रवाई की मांग

सूचना के घंटे भर बाद पुलिस मौके पर पहुंची। इससे ग्रामीण आक्रोशित हो उठे और भटौरा चौराहे पर चक्काजाम कर दिया। काफी मशकत के बाद पुलिस शव को पेड़ उतरवा सकी और पोस्टमार्टम के लिए मर्चरी भेज दिया। परिजनों ने साजिश के तहत युवती की हत्या कर शव को पेड़ से टांगे जाने का आरोप लगाया है। परिजन व ग्रामीण लेखपाल व चौकी इंचार्ज पर आक्रोशित थे और उन्हें हटाए जाने की मांग कर रहे थे। घटना की सूचना पर एसपी सिटी शैलेंद्र लाल कई थानों की फोर्स के साथ पहुंचे और लोगों को समझा बुझा कर शांत कराया। पुलिस जांच पड़ताल में जुट गई है।

There is often pain in the neck and back, then do these four yogasanas

Bad posture and poor lifestyle while working in the office have a profound impact on health. Many people complained of neck and back and waist pain during work from home, some people are troubled by the problem of pack pain due to sitting for long hours due to desk job,



but if the problem of neck and back pain is not resolved in time, then the pain can increase and can take the form of a more serious physical problem. While working on computer or laptop, your shoulders are getting more weight than your eyes. To reduce the pressure on the shoulders, neck, back and waist due to working in wrong ways, you can get relief from pain by practicing yogasanas. Let us know which yogasanas are beneficial in neck and back pain due to continuous desk

work. Tadasana - To practice Tadasana, stand with a distance between the ankles and toes of both your feet. Now join the palms and fingers while moving the hands above the waist line.

Keeping the neck straight, raise the heels and put the weight of the whole body on the toes. During this, keep the stomach inside. In this state, maintain balance for some time. Then come back to the normal state. Setu Bandhasana - This yoga asana is beneficial for those who do desk work. To do Setu Bandhasana, lying on the back, bend the knees of both the legs and touch the feet on the floor. Now lift the body up with the help of hands and while lifting the back and thigh from the floor to the sky, take a deep breath and exhale. After staying in this state for some time, come back to the first state. Bhujangasana - To practice this asana, lie straight on your stomach and keep your palms under the shoulders. Now stretching the fingers, pull the chest up. Stay in this state and breathe. Come back to the previous state. Shoulder Opener - To do this asana, stand straight and relax your muscles. Now move the palms backwards and mix them together. Pull the shoulders back as far as possible. Then return back to the old position and repeat the process. Note- This article has been prepared on the basis of suggestions of yoga experts. You can contact a yoga guru to know about the correct position of the asana.



If you have got engaged, do these five things with your fiancée, the new relationship will be strong.

Wedding and engagement season is on. There is an engagement ceremony before the wedding. After which the life of every boy and girl changes completely. Many types of responsibilities fall on them. With responsibilities comes a lot of fear. You can talk about this fear only with your future partner. Before sharing your mind, you must first know your partner well. You can find out their nature by talking to your partner during the time between engagement and marriage. Along with this, in these days you can find out how your partner's behavior will be after marriage. In the time between engagement and marriage, if you clear some things in advance, then your married life will be very good. Let us tell you about these things, so that there is no problem in your married life. Talk about responsibilities- After engagement, you should talk openly with your partner about family



and relationships. It should be decided in advance that who will have to fulfill what responsibility in the future. This will be very easy after marriage. Talk about the adjustment- Before marriage, the couple should also talk about the adjustment. Along with your problems, tell your mind openly to your partner. Talk about career- This topic is very important for girls. Actually, even today in many places girls are not allowed to do jobs after marriage. Because of which a lot of trouble starts. To avoid this, make this final in advance. Do family planning- After a few days of marriage, the family members start demanding a child. In such a situation, decide this thing beforehand with your partner. Family planning is also very important in today's time. Talk about taking the responsibility of the parents - In today's time, girls also help their parents. In such a situation, they should talk about it openly with their partner beforehand. So that there is no problem later.

Getting a chance to visit South India, know how much money will have to be spent for the tour package

The Indian Railway Catering and Tourism Corporation of Indian Railways brings great tour packages to the travelers to visit tourist places and religious places. In this tour package of IRCTC, travelers get the facility of budget travel, local transport, accommodation and food. On the special occasion of Sawan month, IRCTC is conducting 'Divya Dakshin Yatra' by Bharat Gaurav tourist train. In this tour package, a tour of the religious places of South India will be taken. South India is famous for its natural beauty as well as religious places.



There are many temples here, where people from all over the country come to visit. One can easily travel to famous places in South India by booking IRCTC tour packages. Let us know from when this tour package is starting to visit the pilgrimage centers of South India and how much money will have to be spent for the journey. Divya Dakshin Yatra with Jyotirlinga- This tour package is starting from 9th August. The journey is of 8 nights and 9 days. The journey will start from Secunderabad. In this tour package, you will be taken on a trip to Arunachal, Kanyakumari, Madurai, Rameswaram, Trichy and Trivandrum. Where to visit? The special train will pass through Kazipet, Warangal, Khammam, Vijayawada, Tenali, Ongole, Nellore, Gudur and Renigunta stations via Secunderabad. Passengers will be taken to Arunachalam Temple from Tiruvannamalai, the pilgrimage center of South India. Ramanathaswamy Temple at Rameshwaram, Meenakshi Amman Temple at Madurai, Tourist Rock Memorial at Kanyakumari, Kumari Amman Temple and Sree Padmanabhaswamy Temple at Trivandrum will get a chance to visit. Divya Dakshin Yatra Cost - Different categories of fare in this IRCTC tour package is different. You can book a ticket for Rs 14,300 per person for traveling in economy class. On the other hand, for double or triple sharing in standard class, the per person fare will have to be paid Rs 21900. The cost per person for traveling in comfort class will be Rs 28500.

Healthy benefits of eating lentils and rice, weight can also be reduced

Most of the pulses and rice are made in the kitchen of almost every household in India. Dal Chawal is most popular in daily food. In terms of taste, lentil rice is delicious, while for health, lentil rice can also be included in healthy food. According to experts, pulses and rice are beneficial for the growth of children. In such a situation, it is advised to feed pulses and rice to the children. Apart from this, there are many healthy benefits of eating lentils and rice. Dal rice is considered good for the health of adults as well as children. Many nutrients are found in lentils, which along with providing energy to the body is also better to control weight or want to lose consume pulse rice. From the health of elders, how is dal rice consume lentils and rice to found in lentils - Lentils are are rich in fibre, B vitamins, potassium. All these body. There is very little fat vitamins, antioxidants and are very easy to digest. the stomach feel full for a long calories due to lack of hunger and weight is controlled. Nutrients found in rice - Like lentils, rice is also found in a lot of nutrients. Sodium, potassium, carbohydrate, protein, fiber, magnesium, iron, calcium are found in it. The body gets energy by consuming rice. Rice contains neither harmful fat nor cholesterol and sodium. Rice is a balanced diet. You can also eat brown rice for weight loss. Consuming lentils and rice for weight loss - People trying to lose weight pay special attention to diet. Many people believe that eating rice leads to weight gain. But consuming lentils and rice in the right way and on time can reduce weight. The combo of pulses and rice is very healthy. According to the expert, if a normal quantity of pulses and rice is consumed in the dinner for a month, then you will start seeing its effect. While eating lentils and rice, keep in mind that lentils are to be eaten in large quantities and rice is to be consumed in small quantities. Adding ghee to the pulse-rice combo makes it a balanced diet. Ghee contains vitamins A, D, E and K, which are beneficial for health.



Zareen Khan did not get work in films because of Katrina Kaif? Bolin- industry has never given me...

Bollywood actress Zareen Khan has broken her silence on being compared with Katrina Kaif. He said that it has affected his film career. Bollywood actress Zareen Khan made her acting debut in the year 2010 with the Salman Khan starrer film 'Veer'. The actress is more in discussion about her looks than her films. Zareen's look is very similar to Katrina Kaif, due to which she and her acting skills are compared to the actress to a great extent. At the same time, now after a long time, the actress has finally broken her silence on being compared with Katrina. Yes, during an Ask Me Anything session, she interacted with her fans and answered their questions. He wrote, "Hi I'm Zareen Khan. I have acted in films like Veer, Ready and Housefull. Ask me anything about films, characters, acting, life, my journey and social topics." After this user asked him how the comparison had affected him. She wrote, "Hi Zareen, in your initial days in Bollywood people used to compare you with Katrina. How did it feel about it and did it impact on the big screen?" Zareen answered the question by saying, "Hi, I was really like a lost child when I entered this industry because I didn't come from a film background, so I felt really happy when I was compared to Katrina because I was." I also her fan and found her really beautiful, but it affected my career adversely as people in this industry did not give me a chance to prove my skills." On the work front, Zareen has been a part of films like 'Housefull 2', 'Hatestory 3', 'Aksar 2'. Apart from this, she has also worked in a few Punjabi films with Gippy Grewal, including 'Jatt James Bond' and 'Daaka'. Nor was last seen in the Bollywood film 'Hum Bhi Akele Tum Bhi Akele'.

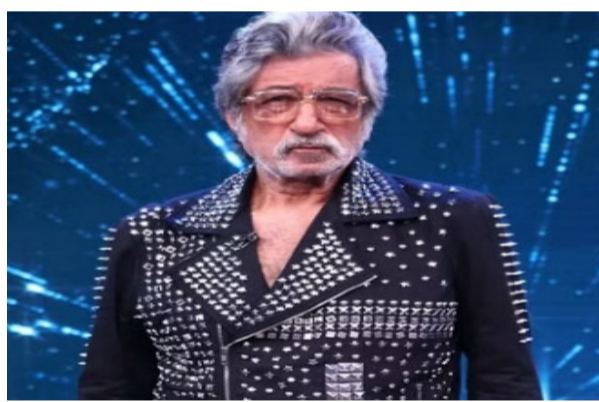


These stars became 'headache' for the neighbors, people reached the police station due to the antics of celebs

The stars of Bollywood are known for their best films and performances. Some fans are famous for their good behavior. But there are some stars in Hindi cinema who became a source of trouble for others. In such a situation, today we are telling you about some such stars, due to which their neighbors have been troubled and have also complained against them, let us know about these stars-
 Preity Zinta- The neighbors of the cutest actress of her time, Preity Zinta, had complained in the year 2015. People had said that Preeti takes undue advantage of her star status. Her neighbors said that Preeti goes to the garden and swimming pool with her bouncers, and as long as Preeti is in the park or swimming pool, her bouncers do not allow other children to enter the park or swimming pool. Kareena Kapoor- Bollywood actress Kareena Kapoor Khan's name is also included in this list. According to media reports, when the actress organized the film's success party at her home in the year 2016, there was a lot



of uproar during that time. Due to which the neighbors had called the police. Shahid Kapoor-Shahid Kapoor, who often appears calm in films, has also troubled his neighbors in real life. According to reports, when the actor was getting his house repaired in Juhu, the laborers working there disturbed the people around, after which the neighbors even lodged a complaint with the police. Shakti Kapoor- Bollywood's famous actor Shakti Kapoor was once accused of urinating in the lift and roaming in the corridor without clothes. Shakti Kapoor's neighbors had lodged a case against her in the police station, after which Shakti Kapoor had accepted her mistake and apologized to the neighbors. Aishwarya Rai- Being upset with Aishwarya Rai Bachchan, the neighbors have made rounds of the police. It is about the time when the name of the actress was associated with Bollywood superstar Salman Khan. According to reports, the actor once created a ruckus by reaching Aishwarya Rai's house late at night, after which the neighbors took the matter to the police.



of uproar during that time. Due to which the neighbors had called the police. Shahid Kapoor-Shahid Kapoor, who often appears calm in films, has also troubled his neighbors in real life. According to reports, when the actor was getting his house repaired in Juhu, the laborers working there disturbed the people around, after which the neighbors even lodged a complaint with the police. Shakti Kapoor- Bollywood's famous actor Shakti Kapoor was once accused of urinating in the lift and roaming in the corridor without clothes. Shakti Kapoor's neighbors had lodged a case against her in the police station, after which Shakti Kapoor had accepted her mistake and apologized to the neighbors. Aishwarya Rai- Being upset with Aishwarya Rai Bachchan, the neighbors have made rounds of the police. It is about the time when the name of the actress was associated with Bollywood superstar Salman Khan. According to reports, the actor once created a ruckus by reaching Aishwarya Rai's house late at night, after which the neighbors took the matter to the police.



These are the richest stars of Punjabi cinema, they own property worth billions

In earlier times, only Bollywood and Hollywood stars were able to make their mark across the country, but with time this trend has also changed. Now the regional industry is also getting love from every corner of India. One of these is the Punjabi film industry, whose actors have become famous all over India. These stars have made a special identity in the hearts of people with their talent. In such a situation, today we are going to tell you about the net worth of some stars of Punjabi industry. Diljit Dosanjh- Singer and actor Diljit Dosanjh has made a distinct identity in both Punjabi and Hindi industry. He is one of the highest paid stars in Punjabi cinema. According to reports, the total assets of Diljit Dosanjh are around Rs 205 crores. He also earns well from films and live concerts. Ammy Virk- Ammy Virk is a famous singer as well as a great actor. He has also worked in Punjabi as well as Bollywood industry. Amy is included in the list of expensive stars of Punjabi industry. According to reports, he is the owner of around 131 crore assets. Amarinder Gill- Amarinder Gill also has millions of fans across the country. He earns a lot from acting. In terms of fan following, he is not behind other stars. According to media reports, he is also the owner of crores. His net worth is 163 crores. Gippy Grewal- Gippy Grewal is also included in this list. Gippy Grewal is also included in this list. According to reports, he is the owner of around 131 crore assets. Amarinder Gill- Amarinder Gill also has millions of fans across the country. He earns a lot from acting. In terms of fan following, he is not behind other stars. According to media reports, he is also the owner of crores. His net worth is 163 crores. Gippy Grewal- Gippy Grewal is also included in this list. With his acting, he has achieved a special place in the hearts of people. Fans eagerly wait for his films. media reports, Gippy's net worth is 147 crores.

